# **ALL ABOUT WE**

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CD: "We" 12 Songs: Limited Edition, Track 12 **Artist: Neil Diamond** 

**Availability:** MP3 from ITunes & Others CD from Amazon & Others

**Rhythm: RAL Phase V Difficulty Level - Easy** Foxtrot/Jive

Footwork: **Opposite unless noted (Woman's Footwork in parentheses)** 

Standard RAL Foxtrot & Jive unless noted. Timing: Time @ 45 RPM: 3:51

Intro-A-A1-B-A2-B-D-End **Sequence:** Released: August 1, 2011

#### Meas

#### INTRODUCTION

# CP DRC WAIT Vocal, 2 Rim Taps & 2;; HES CHG; QK LFT TWIST VINE 4 CP/DLC;

1 - 2CP DRC wait thru vocal & 2 rim taps, then 2 meas;;

SS 3 - 4[Hes Chg] Comm RF upper body trn bk L, -, sd R continuing RF trn, starting to draw L to R, finish drawing L to R (Comm RF upper body trn fwd R, -, sd L continuing RF trn, starting to draw R to L, finish drawing R to L;);

[Ok Lft Twist Vine 4] Fwd L with slight LF trn to fc ptr, sd R, cont slight LF trn XLIB, with RF trn sd R to QQQQ

CP/DLC:

# PART A

#### OP TELE: 1/2 NAT TRN: SPIN TRN: FEATH FINISH:

- [Op Tele] Fwd L comm LF trn, -, sd R cont trn, sd & fwd L (W bk R comm Lf trn, -, cl L to R for heel trn, sd & fwd R) to SCP/DLW; [1/2 Nat] Commence RF upper body trn fwd R heel to toe, -, sd L across LOD, bk R ((With slight RF upper body trn fwd L, -, sd R, fwd L;) to CP/DRC;
- 3 4[Spin Trn] Commence RF upper body trn bk L toe pivoting ½ RF to fc DLW, -, fwd R bet W's feet heel to toe cont RF trn keeping lft leg extended bk & sd, complete trn sd & bk on L (Commence RF upper body trn fwd R bet M's feet heel to toe pivoting ½ RF, -, bk L toe cont trn brush R to L, complete trn fwd R;) to fc DLW; [Feath Fin] Bk R comm. LF trn, -, sd & fwd L outside ptr, fwd R (W fwd L comm. LF trn, -, sd & bk R, bk L) to BJO DLC:

### 5--8 REV WAVE;; CL IMP; BK, SD, DRAW;

- [Rev Wave ½] Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L DLW (Bk R starting LF body trn 3/8, -, cl L to R [heel turn], fwd R DLC;); Bk R, -, bk L, bk R curving LF (fwd L, -, fwd R, fwd L curving LF;) to CP/RLOD:
- 7 8[C1 Imp] Bk L trng RF, -, cont trn cl R to L, bk & sd L to CP DLW (W fwd R btwn M's ft, -, fwd L trng S,S; RF, brush R to L then fwd on R betwn M's feet); [Bk, Sd, Draw] Bk R, -, sd L, draw R to L;

### 9 - - 12 NAT WEAVE;; HOVER TELE; OP NAT;

- [Nat Weave] Fwd R comm to trn RF, -, sd L with left sd stretch [under 1/4 RF trn betwn stps 1 & 2], with rt sd lead **SQQ** bk R DLC preparing to lead W outsd ptr [slight RF trn betwn steps 2 & 3]; with rt sd stretch bk L in BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trng 1/4 LF betwn steps 5 QQQQ & 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW (Bk L comm to trn RF, - rt foot closes to L heel trn with rt sd stretch trng 1/4 RF betwn steps 1 & 2, with left sd lead fwd L preparing to step outsd ptr; with left sd stretch fwd R in BJO outsd ptr, fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body trns less DLW;);
  - 11 12 [Hover Tele] Fwd L, -, diag sd & fwd R rising slightly [hovering] w/body trng 1/8 RF, fwd L small step on toes to SCP (Bk R, -, diag sd & bk L w/hovering action and body trng 1/8 RF, fwd R small step on toes to SCP;); [Op Nat] Comm RF upper body trn fwd R heel to toe, -, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M to BJO DRC (Comm RF upper body trn bk L, -, cl R [heel turn] cont trn, fwd L outside ptr to BJO;);

### 13 – 16 OUTSD SPIN; OUTSD CK; HES CHG; QK LFT TWIST VINE 4 CP/DLC;

- 13 14 [Outside Spin] In BJO preparing to lead W outside ptr comm RF body trn toeing in with rt sd lead bk L in BJO small step 3/8 trn RF on step 1, -, fwd R in BJO heel to toe cont to trn RF, [3/8 RF trn betwn steps 2 & 3] sd & bk L to end in CP 1/4 RF trn on 3 (Comm RF body trn w/lft sd lead staying well into the M's rt arm fwd R in BJO outside ptr heel toe, -, L closes to R pivot on toes of both ft 5/8 trn betwn steps 1 and 2, cont to trn RF 1/4 betwn steps 2 and 3 fwd R betwn M's feet to end in CP 1/8 RF trn on step 3;); [Outside Ck] Bk R trng LF, -, sd & fwd L, ck fwd R outside ptr to BJO/DRC (Fwd L trng LF, -, sd & bk R, ck bk L outside ptr to BJO/DLW;);
- 15 16 [Hes Chg] Repeat Meas 3, Intro; [Ok Lft Twist Vine 4] Repeat Meas 4, Intro;

#### PART A1

- 1 - 4 OP TELE; 1/2 NAT TRN; SPIN TRN; FEATH FINISH;
  - 1-4 Repeat Meas 1 to 4, Part A
- 5--8 REV WAVE;; CL IMP; BK, SD, DRAW;
  - 5-8 Repeat Meas 5 to 8, Part A;;;;
- 9 - 12 NAT WEAVE;; HOVER TELE; OP NAT;
  - **9 12** Repeat Meas 9 to 12, Part A;;;;
- 13 16 OUTSD SPIN; OUTSD CK; OP IMP; THRU, FC, CL;
  - 13 14 Repeat Meas 13 & 14, Part A;;
  - 15 16 [Op Imp] comm RF upper body trn bk L, -, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R;); [Thru, Fc, Cl] Thru R commence RF trn to fc ptr & wall, -, sd L, cl R to L;

#### **PART B**

### 1--5 SD, TCH, RT CHASSE; RK TO CHASSE ROLLS;; RK TO CHASSE ROLLS BK;;

- 1-3 [Sd, Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L, sd R; Chasse Rolls] Rk bk L to SCP, rec R to fc, sd L/cl R, sd L trng RF to bk-to-bk pos; sd R/cl L, sd R cont trn to fc, sd L/cl R, sd L end fcng ptr complete one full trn (Rk bk R to SCP, rec L to fc, sd R/cl L, sd R trng LF to bk-to-bk pos; sd L/cl R, sd L cont trn to fc, sd R/cl L, sd R end fcng ptr complete 1 full turn;);
- 4-5 [Chasse Rolls] Brk bk R to ½ LOP, rec L to fc, sd R/cl L, sd R trng LF to bk-to-bk pos; sd L/cl R, sd L cont trn to fc, sd R/cl L, sd R end fcng ptr complete one full trn (Brk bk L to ½ LOP, rec R to fc, sd L/cl R, sd L trng RF to bk-to-bk pos; sd R/cl L, sd R cont trn to fc, sd L/cl R, sd L end fcng ptr complete 1 full turn;);

# 6--9 FALLAWAY THROWAWAY ~ RK, REC, CHICKEN WKS {2S, 4Q};;;;

- 6-7 [Fallaway Throwaway] Rk bk L, rec R, sd L/cl R to L, sd L; sd R/cl L to R, sd R commence 1/4 LF trn on triples (Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R to L, sd L commence up to 1/2 trn on the triples,) to LOP/LOD, [Rk, Rec] Rk apt L, rec R to LOP LOD;
- 8 9 [Chicken Wks] Bk L, -, bk R, (w/swivel action fwd R, -, fwd L, -;); Bk L, bk R, bk L, bk r (w/swivel action fwd R, fwd L, fwd R, fwd L;);

#### 10 – 14 CHG R TO L ~ RT TRNG FALLAWAY W/GLIDE TO SD ~ RK, REC, SLOW WK, PU;;;;

10 – 14 [Chg R to L] Rk apt L, rec R, sd L trng ¼ LF/cl R to L, sd L (Rk apt R, rec L, sd & fwd R trng ¾ RF under joined ld hnds/cl L, sd R); sd & fwd R/cl L, sd R,(sd & bk L/cl R, sd L,) to LOP/COH, [Rt Trng Fallaway w/Glide to Side] Rk apt L, rec R to fc, commence ½ RF trn sd L/cl R to L, complete trn sd L; Sd R, XLIF of R, sd R/cl L to R, sd R (Rk apt R, rec L to fc, commence ½ RF trn sd R/cl L to R, complete trn sd R; Sd L, XRIF of L, sd L/cl R to L, sd L;) to SCP/LOD; [Rk, Rec, Slow Wk, PU] In SCP rk bk L, rec R, fwd L, -, fwd R, - (In SCP rk bk R, rec L, fwd R, -, fwd L commence LF trn to fc ptr CP/ RLOD, -;) to CP/LOD;

### PART A2

- 1 - 4 OP TELE; 1/2 NAT TRN; SPIN TRN; FEATH FINISH;
  - 1-4 Repeat Meas 1 to 4, Part A
- 5 -- 8 REV WAVE;; CL IMP; BK, SD, DRAW;
  - 5-8 Repeat Meas 5 to 8, Part A;;;;
- 9 - 12 NAT WEAVE;; HOVER TELE; OP NAT;
  - **9 12** Repeat Meas 9 to 12, Part A;;;;

### 13 – 16 OUTSD SPIN; OUTSD CK; HES CHG; QK OP TELE 4 FC WALL;

- 13 14 Repeat Meas 13 & 14, Part A;;
- 15 16 Repeat Meas 3, Intro; [Qk Op Tele 4] Fwd L comm LF trn, sd R cont trn, sd & fwd L, thru R (W bk R QQQQ comm Lf trn, cl L to R for heel trn, sd & fwd R, thru L;) to CP/Wall;

#### REPEAT PART B

#### **PART D**

#### 1 - - 4 **DIAMOND TRN**;;;

[Diamond Trn] Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; -, fwd L trng LF, sd R, bk L;); Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp R,-, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, -, sd R, bk L;);

### 5--8 REV TRN ½; CK & WEAVE;; CHG OF DIR;

- [Rev Trn ½] Fwd L starting LF body trn, -, sd R continuing trn, bk L line of dance to CP (Bk R starting LF trn, -, close L to R (heel trn) continuing trn, Fwd R to CP;); [Ck & Weave] Slip R bk under body w/slight contra ck action,-, fwd L comm LF trn, sd R [1/8 LF trn betwn steps 1 & 2 of the weave] w/rt sd lead & slight rt sd stretch preparing to lead W outside ptr; w/rt sd stretch bk L in BJO cont 1/8 LF trn betwn steps 2 and 3 of the weave, bk R to a momentary CP cont to trn LF, sd and fwd L w/ lft sd stretch [1/4 LF trn betwn steps 4 and 5 of the weave body trns less], w/lft sd stretch fwd R in BJO outside ptr (Slip L fwd under body w/slight contra check action, -, bk R comm LF trn, sd L [1/4 LF trn betwn steps 1 and 2 of the weave] w/lft sd lead and slight lft sd stretch preparing to step outside ptr; w/lft sd stretch fwd R in BJO outside ptr, fwd L to a momentary CP cont to trn LF, sd & bk R w/rt sd stretch [1/8 LF trn betwn steps 4 and 5 of the weave], w/rt sd stretch bk L in BJO [1/8 LF trn betwn steps 5 and 6 of the weave body trns less];);
  - **8** [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;) to CP/DLC;

#### **END**

### 1 - - 4 OP TELE; NAT FALLAWAY WEAVE;;;

- 1 Repeat Meas 1, Part A;
- SQQ 2 -4 [Nat Fallaway Weave] Fwd R with RF trn, -, fwd L trng RF w/ rise, rec bk R; ]; with rt sd stretch bk L trng W to BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trng 1/4 LF betwn steps 5 & 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW (with left sd stretch bk R comm trn to BJO outsd ptr, sd & fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body trns less DLW;);

# 5--8 CHG OF DIR; MINI TELESPIN;; CONTRA CK & SWITCH;

SS 5-7 [Chg of Direc] Fwd L DLW, -, fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, -, bk L DLW lft shldr leading trng LF starting to draw R to L, finish drawing R to L;);
[Mini Telespin] Fwd L commence to trn LF, -, sd R trng 3/8 LF betwn steps 1 & 2, bk & sd L no weight light pressure inside edge of toe keeping left side in to W/trn body LF no weight to lead W to CP commence LF spin; fwd L cont to spin LF on L drawing R to L under body, cl R flexing knees, hold, - (Bk R commence to trn LF, - L ft closes to R heel turn turning 1/2 LF betwn steps 1 and 2, fwd R keeping rt sd in to M/fwd L trng LF twd ptr head to rt; fwd R to CP keeping head to the left spinning LF drawing L to R under body, cl L flexing knees, hold, ;);

### 9 - - 12 NAT WEAVE;; HOVER TELE; OP NAT;

**9 – 12** Repeat Meas 9 to 12, Part A;;;;

# 13 – 16 HEEL PULL; REV WAVE;; BK FEATH;

- SS 13-15 [Heel Pull] Bk L starting RF trn, -, continuing trn on left heel pull R bk to L transferring weight to R at end of stp ending sd with feet slightly apt, -(Fwd R trng RF, -, continuing RF trn sd L, draw R to L;);

  [Rev Wave] Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L diagonally (Bk R starting LF body trn 3/8, -, cl L to R [heel turn], fwd R diagonally;); Bk R, -, bk L, bk R curving LF (fwd L, -, fwd R, fwd L curving LF;) to CP/RLOD;
  - **16** [**Bk Feather**] Bk L, -, bk R w/rt shldr lead, bk L to BJO (Fwd R, -, fwd L w/lft shldr lead, fwd R to BJO;);

#### 17 – 20 BK 3 STP; BK FEATH; FEATH FINISH; HOVER;

- 17 18 [Bk Three Step] Starting with R, 3 bk passing steps (Starting with L, fwd 3 passing stps w heel lead on steps 1 & 2 rising to toe on step 3;) to CP; [Bk Feather] Repeat Meas 16, End;
- 19 20 [Feath Fin] Bk R comm. LF trn, -, sd & fwd L outside ptr, fwd R (W fwd L comm. LF trn, -, sd & bk R, bk L) to BJO DLW; [Hover] Fwd L to CP, -, fwd & sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, -, bk & sd L trng to SCP & rising to ball of ft, rec R to tight SCP;);

### 21 - 22 PU & CL; RT LUNGE;

SS 21 – 22 [PU & Cl] Small fwd R, -, cl L to R, - (fwd L commence LF trn to end fcng ptr & RLOD, -, cl R to L,-;);

S [Rt Lunge] Flex left knee move sd & slightly fwd onto R keeping lft sd in twd ptr & as weight is taken on R flex R knee & make slight LF body trn & look at ptr, -, -, - (Flex R knee move sd & slightly bk on to L keeping rt sd in twd ptr & as weight is taken on lft flex lft knee & make slight LF face body trn, -, -, -;);

# **Quick Cues**

### **All About We**

Foxtrot/Jive

Intro Wait 2 Rim Taps & 2 CP DRC;; Hes Chg;; Qk Lft Twist Vine 4 to CP/DLC;

A FT Op Tele; ½ Nat; Spin Trn; Feath Finish;

Rev Wave;; Cl Imp; Bk, Sd Draw; Nat Weave;; Hover Tele; Op Nat;

Outsd Spin; Outsd Ck; Hes Chg; Qk Lft Twist Vine 4 to CP/DLC;

A1 FT Op Tele; ½ Nat; Spin Trn; Feath Finish;

Rev Wave;; Cl Imp; Bk, Sd Draw; Nat Weave;; Hover Tele; Op Nat;

Outsd Spin; Outsd Ck; Op Imp; Thru, Fc, Cl;

- B JV Sd, Tch, Rt Chasse; Rk to Chasse Rolls;; Rk & Unroll;; Fallaway Throwaway;, Rk, Rec, Chicken Wks 2S4Q,;; Chg R to L;, Rt Trng Fallaway w/Glide to Side;; Rk, Rec, Slow Wk, PU,;
- A2 FT Op Tele; ½ Nat; Spin Trn; Feath Finish;

Rev Wave;; Cl Imp; Bk, Sd Draw; Nat Weave;; Hover Tele; Op Nat;

Outsd Spin; Outsd Ck; Hes Chg; Qk Tele in 4 to Fc Wall;

- B JV Sd, Tch, Rt Chasse; Rk to Chasse Rolls;; Rk & Unroll;; Fallaway Throwaway;, Rk, Rec, Chicken Wks 2S4Q;; Chg R to L;; Rt Trng Fallaway w/Glide to Side;;; Rk, Rec, Slow Wk, PU;
- D FT Diamond Trn;;;; Rev Trn ½ Ck & Weave;;; Chg of Dir;
- End FT Op Tele; Nat Fallaway Weave;;;

Chg of Dir; Mini Telespin;; Contra Ck & Switch;

Nat Weave;; Hover Tele; Op Nat; Heel Pull; Rev Wave;; Bk Feath;

Bk 3 Stp; Bk Feath; Feath Finish; Hover;

PU & Cl; Rt Lunge;