## More Than A Haven

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CD: The Grand Dame of the Rockies, Track 3 Artist: Jon Chandler Available from Amazon.com
Rhythm: Waltz RAL Phase II + 2 [Hover, Spin Turn]
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Waltz unless noted.
Sequence:
Intro-A-A-B-C-B-C-A-End
Time @ 45 RPM: 4:01

Meas
INTRODUCTION
1--4 CP WALL WAIT 2;; DIP, HOLD; MANUV;
1-2 CP Fcng Wall lead ft free wait 2 meas;;
3-4 [Dip] Bk L w/ slight lowering action, hold, hold; [Manuv] Rec R commence RF upper body trn, cont RF trn to fc ptr sd L, cl R to L CP/RLOD
5-19 SPIN TRN; BOX BK; 2 LFT TRNS FC WALL; CANTER;
5-6 [Spin Trn] Commence RF upper body trn bk L pivoting $1 / 2$ RF to fc LOD, fwd R between W's feet heel to toe leaving lft leg extended bk \& sd, rec bk L (Commence RF upper body trn fwd rt between M's feet heel to toe pivoting $1 / 2 \mathrm{RF}$, bk L toe brush R to L, sd \& fwd R;) to end fc LOD; [Box Bk] Bk R, sd L, cl R to L;
7-8 [2 Lft Trns] Fwd L commence LF trn, continue trn sd R diagonally across LOD trng LF to fc DRC, cl L to R; bk $R$ continue LF trn, continue trn sd $L$ to fc Wall, cl R to $L$ ( Bk $R$ commence $L F$ trn, continue trn sd Ltwd LOD fc DLW, cl R to L; fwd L continue LF trn, continue trn sd R diagonally across LOD trng LF, cl L to R;) CP/Wall;
9 [Canter] Sd L, draw R, cl R to L; [Sway Action Optional]

## PART A

1--4 WALTZ AWAY; WRAP; FWD WALTZ; THRU, FC, CL;
1-2 [Waltz Away] With inside hnds joined fwd L trng away from ptr, fwd R, fwd L;
[Wrap] Retain the inside handhold at waist level fwd R, fwd L, fwd R (Fwd L commence left face turn into joined hnds, fwd \& sd R cont trn to fc LOD, fwd L; join ld hnds in front;
3-4 [Fwd Waltz] Fwd L, Fwd, R, Fwd L; [Thru, Fc, Cl] Release Trailing hnds fwd R, fwd L trng to fc wall, cl R to L;
5--8 LEFT TRNG BOX;;;
5-6 [Lft Trng Box] Fwd L trn $1 / 4 \mathrm{LF}$, sd R, cl L to R; Bk R trng $1 / 4 \mathrm{LF}$, sd L, cl R to L;
7-8 Fwd Ltrn $1 / 4 \mathrm{LF}$, sd R, cl L to R; Bk R trng $1 / 4 \mathrm{LF}$, sd L, cl R to L;
9-12 TWIRL VINE 3; PU, SD, CL; 2 LFT TRNS FC WALL;
9-10 [Twirl Vine] Sd L, XRIB, sd L (Sd R commence RF trn, sd \& fwd L continue RF trn, sd R to fc ptr;);
[PU, Sd, Cl] Thru R, sd L, Cl R to L (Fwd L trng LF, sd R to fc ptr, cl L to R;) CP/LOD;
11-12 [2 Lft Trns] Fwd $L$ commence LF trn, continue trn sd $R$ diagonally across LOD trng LF to fc DRC, cl L to R; bk $R$ continue $L F$ trn, continue trn sd $L$ to fc Wall, cl R to $L$ ( Bk $R$ commence $L F$ trn, continue trn sd Liwd LOD fc DLW, cl R to L; fwd L continue LF trn, continue trn sd R diagonally across LOD trng LF, cl L to R;) CP/Wall;
13-17 BOX;; REV BOX; CANTER;
13-14 [Box] Fwd L, sd R, cl L to R; Bk R, sd L, cl R to L;
15-16 [Rev Box] Bk L, sd R, cl L to R; Fwd R, sd L, cl R to L;
17 [Canter] Sd L, draw R, cl R to L; [Sway Action Optional]

## REPEAT A

## PART B

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1--4 TWIST VINE 3; FWD, FC, CL; HOVER; PU SCAR;
    1-2 [Twist Vine] Sd L, XRIB, sd L (Sd R XLIF, sd R;); Fwd R, fwd L trng RF to Fc Wall, cl R to L (bk L, bk R
        trng RF to fc ptr, cl L to R;) CP/Wall;
    3-4 [Hover] Fwd L, fwd & sd R w/ rise, rec L to SCP; [PU SCAR] Fwd R, fwd L commence slight RF trn,
        cl R to fc DLW (Fwd L commence LF trn, sd R across LOD, cl L to end in SCAR DLW;);
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## 5--8 3 PROG TWINKLES BJO;;; FWD, TCH;

5-6 [Prog Twinkles] XLIF trng slightly LF to momentary CP, sd R continue LF trn to BJO, cl L to R; XRIF trng slight Rf to momentary CP, sd L continue RF trn to SCAR, cl R to L;
7-8 [Cont Twinkles] XLIF trng slightly LF to momentary CP, sd R continue LF trn to BJO, cl L to R; [Fwd Tch] Fwd R, Draw L to R, tch L to R;
9-12 3 BK PROG TWINKLES;;; BK TCH CP/LOD;
9-10 [Prog Twinkles] XLIB trng slightly RF to momentary CP, sd R continue RF trn to SCAR, cl L to R; XRIB trng slight LF to momentary CP, sd L continue LF trn to BJO, cl R to L;
11-12 [Cont Twinkles] XLIB trng slightly RF to momentary $C P$, sd $R$ continue $R F$ trn to $S C A R$, $\mathrm{cl} L$ to $R$;
[Bk Tch] Bk R, Draw L to R trng slightly LF, tch L to R in CP/LOD;
13-16 DIP, HOLD; MANUV; 2 RT TRNS BFLY/WALL;
13-14 Repeat Meas 3 \& 4 of Intro;
15-16 [2 Rt Trns] Bk L commence RF trn, continue trn sd R twd LOD trng RF, cl Lfc DLC; fwd R continue RF trn, continue trn sd L diagonally across LOD trng RF to Fc Wall, Cl R (Fwd R commence RF trn, continue trn sd L diagonally across LOD trng RF, cl R; bk L continue RF trn, continue trn sd R twd LOD trng RF, cl L;) ;

## PART C



## REPEAT B

REPEAT C

REPEAT A

## END

1-4 LACE; FWD WALTZ; LACE BK; FWD WALTZ; \{These four figures are commonly cued together as 'Lace Up'\}
1-2 [Lace Across] Passing beh W with lead hnds joined moving diagonally across LOD fwd L, fwd R, fwd L (Passing in front of $M$ under joined lead hnds moving diagonally across LOD fwd R, fwd L, fwd R;); [Fwd Waltz] Fwd R, fwd L, fwd R;
3-4 [Lace Bk] Passing beh W with trail hnds joined moving diagonally across LOD fwd L, fwd R, fwd L (Passing in front of M under joined trail hnds moving diagonally across LOD fwd R, fwd L, fwd R;); [Fwd Waltz] Fwd R, fwd L, fwd R to Fc Wall Bfly;

## 5--8 TWIST VINE 6;; CANTER; DIP, TWIST, ETC;

5-6 [Twist Vine 6] Sd L, XRIB, sd L (Sd R, XRIF, sd R;); XRIF, sd L, XRIF (XLIB, sd R, XLIB;) to BFLY;
7-8 [Canter] Sd L, draw R to L, cl R to L to CP/Wall; [Sway Action Optional]
[Dip, Twist, Etc] Bk L, Rotate Upper bodies slightly LF \& hold \{leg crawl \& kiss are expected\};

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Intro CP Wall Wait 2;; Dip \& Hold; Manuv;
Spin Trn; Box Bk; 2 Left Trns Fc Wall; Canter;
A Waltz Away; Wrap; Fwd Waltz; Thru, Fc, Cl;
Left Trn Box; ;;
Twirl Vine 3; PU, Sd, Cl; 2 Lft Trns Fc Wall;
Box; Bk Box; Canter;
A Waltz Away; Wrap; Fwd Waltz; Thru, Fc, Cl; Left Trn Box; ; ;
Twirl Vine 3; PU, Sd, Cl; 2 Lft Trns Fc Wall;
Box; ; Bk Box; ; Canter;

B Twist Vine 3; Fwd, Fc, Cl; Hover; PU SCAR;
3 Prog Twinkles;;; Fwd \&Tch;
3 Bk Prog Twinkles;;; Bk \& Tch;
Dip \& Hold; Manuv; 2 Rt Trn Fc Wall;
C Waltz Away; Trn In Fc RLOD; Bk Waltz; Bk Draw Tch;
Fwd Waltz; Trn Away Fc LOD; Bk Waltz; Bk Draw Tch;
Solo Trn 6 Bfly;; Twirl Vine 3; Thru, Fc, Cl;
Solo Left Trng Box;;;; Canter;

B Twist Vine 3; Fwd, Fc, Cl; Hover; PU SCAR;
3 Prog Twinkles; ; Fwd \&Tch;
3 Bk Prog Twinkles;;; Bk \& Tch;
Dip \& Hold; Manuv; 2 Rt Trn Fc Wall;

C Waltz Away; Trn In Fc RLOD; Bk Waltz; Bk Draw Tch;
Fwd Waltz; Trn Away Fc LOD; Bk Waltz; Bk Draw Tch;
Solo Trn 6 Bfly;; Twirl Vine 3; Thru, Fc, Cl;
Solo Left Trng Box;;;; Canter;

A Waltz Away; Wrap; Fwd Waltz; Thru, Fc, Cl;
Left Trn Box;;;;
Twirl Vine 3; PU, Sd, Cl; 2 Lft Trns Fc Wall;
Box; Bk Box; ; Canter;

End Lace Up CP Wall; ; ;
Twist Vine 6;; Canter; Dip, Twist, Etc;

Alternate Intro: Lowers dance level to Phase II + 1
CP Wall Wait 2:: Dip \& Hold: Manuv:
2 Rt Trns Fc Wall:: Twirl Vine 3: Thru Fc Cl: Canter:

