

Winter Lullaby III

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CD: A Gift Of Song, Track 8 Artist: Mason Williams Available from iTunes, Amazon & Others
Rhythm: Waltz RAL Phase III + 2 [Telemark, Diamond Trn]
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Waltz unless noted. Time @ 45 RPM: 2:25 (Slow for Comfort) Difficulty Level - Easy
Sequence: Intro-A-Int-B-Int-C-End Released: May 15, 2012 Revised 3/2/2013

Meas

INTRODUCTION

1 - - 4 OP FCNG DLW WAIT 2;; TOG &TCH CP; BOX FINISH;

- 1 - 2 OP fcng DLW trail hnds joined ld ft free for both wait 2;;
- 3 - 4 [Stp Tog to CP] Fwd L with RF rotation to CP/DRW, -, - (Fwd R with RF rotation, - -);
[Box Finish] Bk R commence LF trn, sd L, cl R to L (Fwd L commence LF trn, sd R, cl L to R;)to CP/DLC;

5 - - 8 TWO LFT TRNS;; HOVER; PU, SD, CL DLC;

- 5 - 6 [2 Lft Trns] Fwd L commence LF trn, continue trn sd R diagonally across LOD trng LF to fc DRC, cl L to R; bk R continue LF trn, continue trn sd L to fc Wall, cl R to L (Bk R commence LF trn, continue trn sd L twd LOD fc DLW, cl R to L; fwd L continue LF trn, continue trn sd R diagonally across LOD trng LF, cl L to R;) CP/Wall;
- 7 - 8 [Hover] Fwd L, fwd & sd R w/rise, rec L to SCP; [PU, Sd, CI] Thru R commencing LF trn to fc LOD, sd L, Cl R to L (Thru L trng LF, sd R to fc ptr, cl L to R;) CP/DLC;

PART A

1 - - 4 DIAMOND TRN TO SCAR;;;

- 1 - 4 [Diamond Trn] Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; Stp bk R, sd L, cl R (fwd R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L, sd R in front of ptr, cl L;) to SCAR/DLW;

5 - - 8 3 PROG TWINKLES;;; MANUV;

- 5 - 7 [Prog Twinkles] XLIF trng slightly LF to momentary CP, sd R continue LF trn to BJO, cl L to R; XRIF trng slight Rf to momentary CP, sd L continue RF trn to SCAR, cl R to L; XLIF trng slightly LF to momentary CP, sd R continue LF trn to BJO, cl L to R;
- 8 [Manuv] In BJO fwd right commence RF upper body trn, continue RF trn to fc ptr sd L, cl R to L CP/RLOD (In BJO bk L commence RF upper body trn, continue RF trn to fc ptr sd R, cl L to R CP/RLOD);

9 - 12 TWO RIGHT TRNS FC WALL;; WHISK; PU, SD, CL SCAR;

- 9 - 10 [2 Rt Trns Fc Wall] Bk L commence RF trn, continue trn sd R twd LOD trng RF, cl L fc DLC; fwd R continue RF trn, continue trn sd L diagonally across LOD trng RF to Fc Wall, cl R (Fwd R commence RF trn, continue trn sd L diagonally across LOD trng RF, cl R; bk L continue RF trn, continue trn sd R twd LOD trng RF, cl L);
- 11-12 [Whisk] Fwd L to CP, fwd & sd R commencing rise to ball of ft, XLIB of R continuing to full rise on ball of ft ending in a tight SCP (bk R to CP, bk & sd L commencing to rise to ball of ft, XRIB of L continuing to full rise on ball of ft ending in a tight SCP); [PU, Sd, CI] Thru R commencing lf trn to fc LOD, sd L, Cl R to L (Thru L trng LF, sd R to fc ptr, cl L to R;) w/slight RF trn to SCAR/DLW;

13 - 15 PROG X HOVER SCP; THRU, FC, CL CANTER;

- 13 - 14 [Cross Hover to SCP] In SCAR fwd L with slight crossing action commencing to rise & beginning a slight RF upper body trn, sd & slightly fwd R continuing to rise & completing the 1/4 LF trn, diagonally fwd L to SCP lowering at end of stp (In SCAR bk R with slight crossing action commencing to rise in body & beginning a strong RF upper body trn, sd & slightly bk L continuing to rise & completing the 1/4 LF trn, diagonally fwd to SCP lowering at end of stp); [Thru, Fc, CI] Thru R, fwd L trng to fc wall, cl R to L to CP/WALL;
- 15 [Canter] Sd L, draw R to L, cl R;

INTERLUDE**1 - - 4 LFT TRNG BOX;;;;**

1 - 2 [Lft Trng Box] Fwd L trn ¼ LF, sd R, cl L to R; Bk R trng ¼ LF, sd L, cl R to L;

3 - 4 Fwd L trn ¼ LF, sd R, cl L to R; Bk R trng ¼ LF, sd L, cl R to L trng slightly RF to SCAR;

5 - - 8 HOVER; MANUV; OP IMP; PU, SD, CL DLC;

5 - 6 [Hover] Fwd L, fwd & sd R w/rise, rec L to SCP; [Manuv] In Scp thru R commence RF upper body trn, continue RF trn to fc ptr sd L, cl R to L CP/RLOD (In SCP thru L sd & fwd R, cl L to R CP/RLOD);;

7 - 8 [Op Imp] comm RF upper body trn bk L, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R); [PU, Sd, CI] Thru R commencing LF trn to fc LOD, sd L, Cl R to L (Thru L trng LF, sd R to fc ptr, cl L to R;) CP/DLC;

PART B**1 - - 4 DIAMOND TRN;;;;**

1 - 4 [Diamond Trn] Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L);; Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L);;

5 - - 8 1 LFT TRN; BK WALTZ; TWO RIGHT TRNS;;

5 - 6 [Left Trn] Fwd L commence ¼ LF trn, cont trn sd R diagonally across LOD trng ¼ LF, cl L to R fc RLOD; [Bk Waltz] Bk R, bk & slightly sd L, cl R to L;

7 - 8 [2 Rt Trns Fc Wall] Bk L commence RF trn, continue trn sd R twd LOD trng RF, cl L fc DLC; fwd R continue RF trn, continue trn sd L diagonally across LOD trng RF to Fc Wall, Cl R (Fwd R commence RF trn, continue trn sd L diagonally across LOD trng RF, cl R; bk L continue RF trn, continue trn sd R twd LOD trng RF, cl L); ;

9 - 12 HOVER; MANUV; OP IMP; PU, SD, CL DLC;

9 - 12 Repeat Meas 5 - 8, Interlude;;;;

13 - 16 TWO LEFT TRNS;; HOVER; THRU, FC, CL;

13 - 14 [2 Lft Trns] Fwd L commence LF trn, continue trn sd R diagonally across LOD trng LF to fc DRC, cl L to R; bk R continue LF trn, continue trn sd L to fc Wall, cl R to L (Bk R commence LF trn, continue trn sd L twd LOD fc DLW, cl R to L; fwd L continue LF trn, continue trn sd R diagonally across LOD trng LF, cl L to R); CP/Wall;

15 - 16 [Hover] Repeat Meas 5, Interlude; [Thru, Fc, CI] Thru R commencing RF trn to fc ptr, sd L, cl R to L to CP;

REPEAT INTERLUDE**PART C****1 - - 4 OP TELE; HOVER FALLAWAY; SLIP PIVOT; FWD, FWD/LK. FWD;**

1 - 2 [Op Tele] Fwd L comm LF trn, sd R cont trn, sd & fwd L (W bk R comm Lf trn, cl L to R for heel trn, sd & fwd R) to SCP/DLW; [Hover Fallaway] Fwd R, fwd L w/ rise, rec bk R;

3 - 4 [Slip Pivot] Bk L, bk R commence LF trn [keeping lft leg extended], fwd & sd L (Bk R commence LF trn pivot on ball of foot [thighs locked lft leg extended], fwd L complete lft trn placing lft ft near man's rt ft, bk & sd R); to BJO/DLW; [Fwd, Fwd/Lk, Fwd] Fwd R DLW, fwd L/lk R in bk, fwd L;

5 - - 8 MANUV; OP IMP; THRU, FC, CL; CANTER (HOLD);

5 - 6 [Manuv] Repeat meas 6, Interlude; [Op Imp] Repeat Meas 7, Interlude;

7 - 8 [Thru, Fc, CI] Repeat Meas 16, Part B; [Canter (Hold)] Sd L, draw R to L, cl R & hold;;,

9 - -10 TWIST VINE 6;;

9 - 10 [Twist Vine 6] Sd L, XRIB, sd L; XRIF, sd L, XRIB to CP Wall (Sd R, XRIF, sd R; XLIB, sd R, LRIF);;

END**1 - - 4 LFT TRNG BOX;;;;**

1 - 4 [Lft Trng Box] Repeat Meas 1 - 4, Interlude;

5 - - 8 HOVER; THRU, FC, CL; DIP*, TWIST, ETC;;

5 - 6 [Hover] Repeat Meas 5, Interlude; [Thru, Fc, Cl] Repeat Meas 16, Part B;

7 - 8 [Dip] Bk L take full weight with the knee relaxed or slightly bent with slight body twist keeping R leg extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor.

[Twist, Etc] Continue slight LF rotation, (Optional Leg Crawl & Kiss)-, -;

QUICK CUES

Winter Lullaby III

(Phase III + 2 – Waltz)

(Tele, Diamond Trn)

(Weiss)

Intro OP Fcng DLW Wait 2;; Tog Tch CP; Box Finish;
2 Lft Trns;; Hover; PU DLC;

A Diamond Trn to SCAR;;;;
3 Prog Twinkles;;; Manuv;
2 Rt Trns Fc Wall;; Whisk; PU SCAR;
Prog X Hover Semi; Thru, Fc, Cl; Canter;

Int Lft Trng Box;;;;
Hover; Manuv; Op Imp; PU DLC;

B Diamond Trn;;;;
1 Lft Trn; Bk Waltz; 2 Rt Trns Fc Wall;;
Hover; Manuv; Op Imp; PU DLC;
2 Lft Trns;; Hover; Thru, Fc, Cl;

Int Lft Trng Box;;;;
Hover; Manuv; Op Imp; PU DLC;

C Op Tele; Hover Fallaway; Twd DRC Bk, Bk/Lk, Bk; Slip Pivot;
Manuv; Op Imp; Thru, Fc, Cl; Canter;
Vine 6;;

End Lft Trng Box;;;;
Hover; Thru, Fc, Cl; Dip, Twist, Etc;