

Keep On Dreamin'

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CD: After All, Track 5 Artist: Joni Harms Available from iTunes & other Download Sites

Rhythm: Two Step RAL Phase II + 1 [Strolling Vine]

Footwork: Opposite unless noted (Woman's Footwork in parentheses)

Timing: Standard RAL 2 Step unless noted. Time @ 45 RPM: 3:21 Difficulty Level - Moderate

Sequence: Intro-A -B-C-Int-A-B-C-C(9-16)- D- End Released: July 1, 2013

Meas

INTRODUCTION

1 - - 4 OP FCNG WAIT 2;; APT, PT; TOG, TCH SCP LOD;

1 - 2 Op Fcng DLW Ld Ft free for both Wait 2;;

3 - 4 Apt L, -, pt R twd ptr, -; Tog R to SCP/LOD, -, tch L, -;

5 - - 8 2 FWD 2 STPS;; SLOW OP VINE 4 PU/LOD;;

5 - 6 [Two Fwd Two Steps] Fwd L, cl R to L, fwd L, -; Fwd R, cl L to R, fwd R, -;

7 - 8 [Slow Op Vine 4] Sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/RLOD, - (sd R, -, XLIB to slight LOP/RLOD, -); Trng to fc ptr sd L, -, thru R to SCP, - (sd R, -, thru L trng LF in front of ptr to CP/LOD, -);

PART A

1 - - 4 TWO FWD TWO STEPS;; TWO PROG SCIS;;

1 - 2 [Two Fwd Two Stps] Fwd L, cl R to L, fwd L, -; Fwd R, cl L to R, fwd R, -;

3 - 4 [2 Prog Scis] Sd L, cl R to L, XLIF to SCAR, -; Blend to Fc Sd R, cl L to R, XRIF to BJO, - Fc DLC;

5 - - 8 FWD HITCH; HITCH/SCISS FC WALL; TWO TRNG TWO STPS CP/WALL;;

5 - 6 [Fwd Hitch] Fwd L, cl R to L, bk L, -;

[Hitch/Scis to Fc] Bk R, cl L to R, fwd R trng RF, - (fwd L commence RF trn, cl R to L, XLIF trng LF to fc ptr, -) to CP/Wall;

7 - 8 [Two Trng 2 Stps] Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -; Sd R, cl L to R, sd R pvt ¼ RF on R, - (Sd R, cl L to R, sd R pvt ½ RF on R, -; Sd L, cl R to L, stp diag X line of prog pvt ¼ RF on L, -) to CP/WALL -;

9 - 12 STROLLING VINE SCP;;;

9 - 12 [Strolling Vine] Sd L, -, XRIB, -; Trn LF to fc sd L, cl R to L commencing LF Trn, fwd L completing ½ LF trn fc COH; Sd R, -, XLIB, -; Trn RF to fc ptr sd R, cl L to R commencing LF trn, fwd R completing ½ RF trn to SCP/LOD;

13 - 16 HITCH DBL;; STRUT 4 TO CP/WALL;;

13 - 14 [Hitch Dbl] Fwd L, cl R to L, bk L, - (Fwd R, cl L to R, bk R, -);

Bk R, cl L to R, fwd R, - (Bk L, cl R to L, fwd L, -);

15 - 16 [Strut 4] Progressing LOD with upper body swagger fwd L, -, fwd R, -; Fwd L, -, fwd R, - to fc ptr CP/WALL;

PART B

1 - - 4 BROKEN BOX;;;

1 - 4 [Broken Box] Sd L, cl R to L, fwd L, -; Rk fwd R, -, rec L, -; Sd R, cl L to R, bk R, -; Rk bk L, -, rec R, -;

5 - - 8 FWD HITCH; SCISS THRU; CIRCLE AWAY & TOG TWO TWO STPS BFLY/WALL;;

5 - 6 [Fwd Hitch] Fwd L, cl R to L, bk L, -;

[Scis Thru] Sd R, cl L to R, XRIF to SCP, -;

7 - 8 [Circle Away & Tog] Separating from ptr & moving away in a circular pattern fwd L, cl R to L, fwd L, -; continuing circular pattern twd ptr fwd R, cl L to R, fwd R to BFLY/WALL, -;

9 - 12 SLOW OPEN VINE 8 BFLY;;;

9 - 12 [Slow Op Vine 8] Sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/RLOD, -; Trng to fc ptr sd L, -, thru R to BFLY, -; Sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/RLOD, -; Trng to fc ptr sd L, -, thru R to BFLY, -;

13 - 16 TRAVELING DOORS SCP;;;

13 - 16 [Traveling Doors] Sd L, - rec R, -; XLIF, sd R, XLIF, -; Sd R, -, rec L, -; XRIF, sd L, XRIF, - to SCP/LOD;

PART C**1 - - 4 TWO FWD TWO STPS TO FC;; TWIRL 2; WK 2;**

- 1 - 2 [Two Fwd Two Stps] Fwd L, cl R to L, fwd L, -; Fwd R, cl L to R, fwd R, -;
 3 - 4 [Twirl 2] Sd L, -, XRIB, - (Sd R commence RF trn under joined ld hnds, -, fwd & sd L complete RF trn to BFLY
 [Wk 2] Sd & fwd L release ld hnds & join trail hnds, -, fwd R, - to OP/LOD;

5 - - 8 CIRCLE AWAY TWO TWO STPS;; STRUT TOG 4 CP/WALL;;

- 5 - 6 [Circle Away 2 2 Stps] Separating from ptr & moving away in a curving pattern fwd L, cl R to L, fwd L, -;
 continuing curving pattern away from ptr fwd R, cl L to R, fwd R completing curve to fc ptr 4-6 ft apt, -;
 7 - 8 [Strut Tog 4] With Upper body swagger fwd L, -, fwd R, -; Fwd L, -, fwd R, - to CP/Wall;

9 - - 12 TRAVELING BOX SCP;;;

- 9 - 12 [Traveling Box] Sd L, cl R to L, fwd L trng to RSCP, -; Fwd R, -, fwd L trng to fc ptr, -; Sd R, cl R to L, bk R trng
 to SCP, -; Fwd L, -, fwd R, - SCP/LOD;

13 - 16 HITCH DBL TO FC;; TWIRL 2; WK & FC CP/WALL;

- 13 - 14 [Hitch Dbl] Fwd L, cl R to L, bk L, -; Bk R, cl L to R, fwd R trng RF to fc ptr BFLY/WALL, -;
 15 - 16 [Twirl 2] Sd L, -, XRIB, - (Sd R commence RF trn under joined ld hnds, -, fwd & sd L complete RF trn to BFLY
 [Wk & Fc] Sd & fwd L release ld hnds, -, fwd R trng RF to fc ptr CP/WALL, -;

INTERLUDE**1 - - 4 LEFT TRNG BOX ½ FC COH;; SLOW OPEN VINE 4;;**

- 1 - 2 [Lft Trng Box ½] Sd L, cl R to L, fwd L trng ¼ LF; -; Sd R, cl L to R, bk R trng ¼ LF to fc COH, -;
 3 - 4 [Slow Op Vine 4] Twd RLOD sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/LOD, -; Trng to
 fc ptr sd L, -, thru R blending to fc COH CP, -;

5 - - 6 LEFT TRNG BOX ½ FC WALL;; SLOW OPEN VINE 4 PU/LOD;;

- 5 - 6 [Lft Trng Box ½] Sd L, cl R to L, fwd L trng ¼ LF; -; Sd R, cl L to R, bk R trng ¼ LF to fc WALL, -;
 7 - 8 [Slow Op Vine 4 PU] Twd LOD sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/RLOD, - (sd
 R, -, XLIB to slight LOP/RLOD, -); Trng to fc ptr sd L, -, thru R to SCP, - (sd R, -, thru L trng LF in front of ptr to
 CP/LOD, -);

REPEAT PART A**REPEAT PART B****REPEAT PART C****REPEAT PART C MEAS 9-16****PART D****1 - - 4 LEFT TRNG BOX ½ FC COH;; SLOW OPEN VINE 4;;**

- 1 - 2 [Lft Trng Box ½] Sd L, cl R to L, fwd L trng ¼ LF; -; Sd R, cl L to R, bk R trng ¼ LF to fc COH, -;
 3 - 4 [Slow Op Vine 4] Twd RLOD sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/LOD, -; Trng to
 fc ptr sd L, -, thru R blending to fc COH CP, -;

5 - - 6 LEFT TRNG BOX ½ FC WALL;; SLOW OPEN VINE 4 SCP;;

- 5 - 6 [Lft Trng Box ½] Sd L, cl R to L, fwd L trng ¼ LF; -; Sd R, cl L to R, bk R trng ¼ LF to fc WALL, -;
 7 - 8 [Slow Op Vine 4] Twd LOD sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/RLOD, -; Trng to
 fc ptr sd L, -, thru R blending to SCP/LOD, -;

9 - - 12 TWO FWD TWO STPS;; TWO TRNG TWO STPS WALL;;

- 9 - 10 [Two Fwd Two Stps] Fwd L, cl R to L, fwd L, -; Fwd R, cl L to R, fwd R to fc CP/WALL, -;
 11 - 12 [Two Trng 2 Stps] Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -; Sd R, cl L to R, sd R pvt ½ RF on R, -
 (Sd R, cl L to R, sd R pvt ½ RF on R, -; Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -) to Fc WALL -;

13 - 16 TWIRL 2; WK 2 OP/LOD; STRUT 4 TO CP/WALL;;

- 13 - 14 [Twirl 2] Sd L, -, XRIB, - (Sd R commence RF trn under joined ld hnds, -, fwd & sd L complete RF trn to BFLY
 [Wk 2] Sd & fwd L release ld hnds, -, fwd R, - to OP/LOD;
 15 - 16 [Strut 4] Progressing LOD with upper body swagger fwd L, -, fwd R, -; Fwd L, -, fwd R, - to fc ptr CP/WALL;

END**1 - - 4 LEFT TRNG BOX ½ FC COH;; SLOW OPEN VINE 4;;**

1 - 2 [Lft Trng Box ½] Sd L, cl R to L, fwd L trng ¼ LF; -; Sd R, cl L to R, bk R trng ¼ LF to fc COH, -;

3 - 4 [Slow Op Vine 4] Twd RLOD sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/LOD, -; Trng to fc ptr sd L, -, thru R blending to fc COH CP, -;

5 - - 6 LEFT TRNG BOX ½ FC WALL;; SLOW OPEN VINE 4 SCP;;

5 - 6 [Lft Trng Box ½] Sd L, cl R to L, fwd L trng ¼ LF; -; Sd R, cl L to R, bk R trng ¼ LF to fc WALL, -;

7 - 8 [Slow Op Vine 4] Twd LOD sd L, -, retain lead hnd hold & release trail hnds XRIB to slight LOP/RLOD, -; Trng to fc ptr sd L, -, thru R blending to SCP/LOD, -;

9 - - 12 TWO FWD TWO STPS;; TWO TRNG TWO STPS WALL;;

9 - 10 [Two Fwd Two Steps] Fwd L, cl R to L, fwd L, -; Fwd R, cl L to R, fwd R to fc CP/WALL, -;

11 - 12 [Two Trng 2 Stps] Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -; Sd R, cl L to R, sd R pvt ½ RF on R, - (Sd R, cl L to R, sd R pvt ½ RF on R, -; Sd L, cl R to L, stp diag X line of prog pvt ½ RF on L, -) to Fc WALL -;

13 - 16 TWIRL 2; WK 2 OP/LOD; APT, PT'

13 - 14 [Twirl 2] Sd L, -, XRIB, - (Sd R commence RF trn under joined ld hnds, -, fwd & sd L complete RF trn to BFLY

[Wk 2] Sd & fwd L release ld hnds, -, fwd R, - to fc LOD;

15 [Apt, Pt] Retaining trail hnd hold stp apt L, -, pt R twd ptr, -;

Keep On Dreamin'
(Phase II + 1 - Two Step)
(Strolling Vine)
(Weiss)

Intro Op Fcng Wait 2;; Apt, Pt; Tog Tch SCP;
2 Fwd 2 Stps;; Slow Open Vine 4 PU;

A 2 Fwd 2 Stps;; 2 Prog Scis;;
Fwd Hitch; Hitch/Scis; 2 Trng 2 Stps;;
Strolling Vine;;;;
Hitch Dbl;; Strut 4 to Fc;;

B Broken Box;;;;
Fwd Hitch; Scis Thru; Circle Away & Tog 2 2 Stps;;
Slow Op Vine 8;;;;
Traveling Doors;;;;

C 2 Fwd 2 Stps;; Twirl 2; Wk 2;
Circle Away 2 2 Stps;; Strut Tog 4;;
Traveling Box;;;;
Hitch Dbl;; Twirl 2; Wk & Fc;

Int Lft Trng Box 1/2;; Slow Open Vine 4;;
Lft Trng Box 1/2;; Slow Open Vine 4 PU;;

A 2 Fwd 2 Stps;; 2 Prog Scis;;
Fwd Hitch; Hitch/Scis; 2 Trng 2 Stps;;
Strolling Vine;;;;
Hitch Dbl;; Strut 4 to Fc;;

B Broken Box;;;;
Fwd Hitch; Scis Thru; Circle Away & Tog 2 2 Stps;;
Slow Op Vine 8;;;;
Traveling Doors;;;;

C 2 Fwd 2 Stps;; Twirl 2; Wk 2;
Circle Away 2 2 Stps;; Strut Tog 4;;
Traveling Box;;;;
Hitch Dbl;; Twirl 2; Wk & Fc;

C2 Traveling Box;;;;
Hitch Dbl;; Twirl 2; Wk & Fc;

D Lft Trng Box 1/2;; Slow Open Vine 4;;
Lft Trng Box 1/2;; Slow Open Vine 4;;
2 Fwd 2 Stps;; 2 Trng 2 Stps;;
Twirl 2; Wk 2; Strut 4;;

End Lft Trng Box 1/2;; Slow Open Vine 4;;
Lft Trng Box 1/2;; Slow Open Vine 4;;
2 Fwd 2 Stps;; 2 Trng 2 Stps;;
Twirl 2; Wk 2; Stp Apt;