FIBRE DE VERRE

Choreographer: Chuck & Sandi Weiss, 2550 S Ellsworth Rd, Mesa, AZ 85209 (602) 295-1672
E-Mail: (ouigndrs@DancewithChuckandSandi.com) (www.DancewithChuckandSandi.com)
Cd: Attraction, Track 13 Artist: Paris Combo Available from Amazon
Rhythm: Fox Trot RAL Phase V + 1 [Cont Hover X]
Footwork: Opposite unless noted (Woman’s Footwork in parentheses) Difficulty Level – Moderate
Timing: Standard RAL Fox Trot unless noted. Time @ 45 RPM: 3:37 Adjust Speed For Comfort
Sequence: Intro-A-Brg-B-Brg-B-Brg-C-Brg-B(mod)-D-End Released: May 1, 2015

Meas
INTRODUCTION
1 - 4 OP FCNG LOD WAIT 2;; CIRCLE SNAP 4 TO CP/DLW;;
   1 – 4 OP Fcng LOD lead ft free trail hnds joined head down wait 2 meas;; Raise Head commence RF circle away from ptr fwd L, - fwd R, -; Cont RF circle bk twd ptr fwd L, - fwd R, - to CP/DLW;

PART A
1 - 4 DIAMOND TRN;;;
   1 [Diamond Trn] Moving DLW Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; -, fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, -, sd R, bk L) to fc DLW;

5 - 8 HOVER TELE; NAT WEAVE;; CHG OF DIREC;
   5 [Hover Tele] Fwd L, - , diag sd & fwd R rising slightly [hovering] w/body trng 1/8 RF, fwd L small step on toes to SCP (Bk R, - , diag sd & bk L w/hovering action and body trng 1/8 RF, fwd R small step on toes to SCP);
   6 – 7 [Nat Weave] Fwd R comm to trn RF, -,sd L with left sd stretch [under 1/4 RF trn betwn steps 1 & 2], with rt sd lead bk R DLC preparing to lead W outsd ptr [slight RF trn betwn steps 2 & 3]; with rt sd stretch bk L in BJO, bk R comm LF trn passing thru CP, with left sd stretch sd & fwd L preparing to step outsd ptr trn 1/4 LF betwn steps 5 & 6 body trns less, with left sd stretch fwd R in BJO outsd ptr DLW (Bk L comm to trn RF, - rt foot closes to L heel trn with rt sd stretch trng 1/8 RF betwn steps 1 & 2, with left sd lead fwd L preparing to step outsd ptr; with left sd stretch fwd R in BJO outsd ptr, fwd L comm to trn LF passing thru CP, with rt sd stretch sd R trng LF 1/8 betwn steps 5 & 6, with rt sd stretch bk L trng LF 1/8 betwn steps 6 & 7 body trns less DLW);
   8 [Chg of Direc] Fwd L DLW, - , fwd R DLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DLW, - , bk L DLW rt shldr leading trng LF starting to draw R to L, finish drawing R to L;) DLC;

9 - 12 OP TELE; CONT HOVER X;;; FWD LK;
   9 [Op Tele] Fwd L comm LF trn, - , sd R cont trn, sd & fwd L (W bk R comm Lf trn, - , cl L to R for heel trn, sd & fwd R) to SCP/DLW;
   10 - 11 [Cont Hover X] (from SCP) Fwd R DLW comm RF trn [no sway], -, cont RF trn sd L DLW fng DRW [with lift sd stretch], with a strong RF trn on L small stp R DLW fng DLC [continue with lift sd stretch]; fwd L across R to CBMP [blending to rt sd stretch], cl R to L [continue rt sd stretch], bk L in CBMP [continue rt sd stretch], bk R to CP [no sway]; sd & fwd L with a lift sd lead [with lift sd stretch], fwd R in BJO [with lift sd stretch], (Fwd L, -, sd & fwd R comm RF trn, sd L to CP; bk R to CBMP, sd ft to CP, fwd R to CBMP, fwd L to CP; sd & bk R, bk Lin Banjo Position,);
   12 [Fwd Lk] Fwd L, lk RIB;

13 – 16 REV WAVE;; OP IMP; STP THRU CP/WALL,
   13 - 14 [Rev Wave] Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L diagonally (Bk R starting LF body trn 3/8, -, cl L to R [heel turn], fwd R diagonally); Bk R, - , bk L, bk R curving LF (fwd L, -, fwd R, fwd L curving LF;) to CP/ROLS;
   15 [Op Imp] comm RF upper body trn bk L, - , cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R);
   16 [Stp Thru] Stp thru R blending to CP/WALL, -

BRG
1 - 4 SLOW TWIST VINE 8
   1 – 4 [Slow Twist Vine] Sd L, -, XRIB, -; Sd L, - XRIF, -; Sd L, - XRIB, -; Sd L, - XRIF, -;
PART B

1 - 4  HOVER; START PROM WEAVE; BK LILT 4; WEAVE END;

1  [Hover] Fwd L to CP, -, fwd & sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, -, bk & sd L trng to SCP & rising to ball of ft, rec R to tight SCP);

2  [Start Prom Weave] From SCP/DLC fwd R, -, fwd L comm LF trn, sd & slightly bk on R to BJO DLC;

3  [Bk Lilt] Bk L, cl R to L rising onto toes & keeping knees bent (Fwd R, cl L to R rising onto toes & keeping knees bent.), Bk L, cl R to L rising onto toes & keeping knees bent, (Fwd R, cl L to R rising onto toes & keeping knees bent.)

4  [Weave End] bk L in BJO DLC, bk R comm LF trn & lead W to CP, sd & slightly fwd L DLW, fwd R outside ptr to BJO DLW (Fwd R in BJO, fwd L DLC comm LF trn, continue LF trn sd & slightly bk R fcng COH, bk L to BJO to end backing DLW);

5 - 8  HOVER TELE; IN & OUT RUNS;; THRU, FC, CL;

5  [Hover Tele] Repeat Meas 5, Part A;

6 - 7  [In & Out Runs] Fwd R starting RF trn, -, sd & bk DLW on L to CP, bk R with rt sd leading to BJO; bk L trng RF, -, sd & fwd R bet W’s feet continuing RF trn, fwd L to SCP (Fwd L, -, fwd R bet M’s feet, fwd L outside ptr with lt sd leading to BJO; fwd R starting RF trn, -, fwd & sd L continuing trn, fwd R to SCP);

8  [Thru, Fc, Cl] Thru R, -, fwd & sd L trng to fc ptr, cl R to L;

9 - 12  SD TCH; RT CHASSE; CHG R TO L;; CHG HNDS BEH BK;;

9  [Sd Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L, sd R;

10 - 12  [Chg R to L] Rk bk L to SCP, rec R, sd L trng ¼ LF/cl R, sd L; sd & fwd R/cl L, sd R (Rk bk R to SCP, rec L, & sd & fwd R trng ¾ RF under joined ld hnds/cl L, sd R, & sd & bk L/cl R, sd L,) LOP/LOD,

[Chg Hnds Beh Bk] Rk apt L, rec R; fwd L starting 1/4 LF trn & placing rt hnd over W’s rt hnd/cl L, R fwd L releasing lt hnd & completing 1/4 LF trn to tand pos in front of W, sd & bk R starting 1/4 LF trn & placing lt hnd beh M’s bk/cl L transfring W’s Rt hnd to M’s Lft hnd beh his bk, sd & bk R completing 1/4 LF trn (Rk apt R, rec L; fwd R starting 1/4 RF trn/cl L, fwd R completing 1/4 RF trn to tand pos beh M, sd & bk L starting ¼ RF trn/cl L, sd & bk L completing 1/4 RF trn to fc ptr:) LOP/RLOD;

13 - 16  CHG L TO R COH;; CHG HNDS BEH BK;; QK SD, CL, CP/WALL,,

13 - 15  [Chg L to R] Rk bk L, rec R , sd L trng ¼ RF/cl R to L, sd L; Sd R/cl L to R, sd R (Rk bk R, rec L, fwd R trng ¾ LF under joined ld hnds/cl L to R, sd R; sd L cont trn to fc ptr/cl R to L, sd L,) to LOP/COH, [Chg Hnds Beh Bk] Rk apt L, rec R; fwd L starting 1/4 LF trn & placing rt hnd over W’s rt hnd/cl L, fwd L releasing lt hnd & completing 1/4 LF trn to tand pos in front of W, sd & bk R starting 1/4 LF trn & placing lt hnd beh M’s bk/cl L transfring W’s Rt hnd to M’s Lft hnd beh his bk, sd & bk R completing 1/4 LF trn (Rk apt R, rec L; fwd R starting 1/4 RF trn/cl L, fwd R completing 1/4 RF trn to tand pos beh M, sd & bk L starting ¼ RF trn/cl L, sd & bk L completing 1/4 RF trn to fc ptr:) LOP/WALL;

16  [Qk Sd Cl] Sd L, cl R to L to CP/WALL,

REPEAT BRG

REPEAT PART B

REPEAT BRG

PART C

1 - 4  SD TCH, RT CHASSE; FALLAWAY THROWAWAY TO HNDSH;; CHG L TO R TO TANDEM;;

1  [Sd Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L to R, sd R;

2  - 4  [Fallaway Throwaway] Rk bk L, rec R, sd L/cl R to L, sd L; sd R/cl L to R, sd R commence 1/4 LF trn on triples (Rk bk R, rec L, pick up R/L, R; sd & bk L/cl R to L, sd L commence up to 1/2 trn on the triples,) to LOP/LOD join lt hnds,

[Chg Pcs L to R to Tandem] w/rt hnds joined Rk bk L, rec R M fcng ptr & LOD; Sd L/cl R, sd L, sd R/cl L, sd R (Rk bk R, rec L; trn LF under jnd R-R hnds fwd R/cl L, fwd R, bk L/cl R,fwd L;) end in Tandem W beh M;

5 - 8  CAPTAPUT;; CHG L TO R/GLIDE TO SCP;; RK, REC;

5-5.5  [Capapult] Fwd L, rec R, in place L/R, L; in place L/R, R (Rk bk R, rec L, fwd R commence RF trn/sd L continue RF trn; spin RF on R, in place L/R, L to fc ptr,) to LOP,

6 - 8  [Chg L to R w/Glide to Sd] Rk bk L, rec R; sd L trng ¼ RF/cl R, sd L, sd R, XLIF; Sd R/cl L, sd R (Rk bk R, rec L; fwd R trng ¾ LF under joined ld hnds/cl L, Sd R, cont trn to fc ptr sd L, XRIF; Sd L/cl R, sd L,) to SCP, [Rk, Rec] Rk bk L, rec R to fc ptr;
9 – 14 CHASSE L & R TO ½ OP/LOD; MOOCH; ; ; ;
   9 [Chasse L & R to ½ OP] Sd L/cl R, sd L, sd R/cl L, sd R to ½ OP/LOD;  
   10 - 14 [Mooch] Rk bk L, rec R, flick L fwd from knee slightly off floor, cl L; flick R fwd from knee slightly off floor, cl R,  
     rk bk L, rec R; trng RF 1/2 sd L/cl R, sd L, rk bk R, rec L; flick R fwd from knee slightly off floor, cl R, flick L fwd  
     from knee slightly off floor, cl L; rk bk R, rec L, trng LF 1/2 sd R/cl L, sd R;  

15-15.5 RK, REC, SD, CL; SD, CL,  
15-15.5 [Rk, Rec, Sd, Cl] Rk Bk L, rec R to fc ptr, sd L, cl R; [Sd, Cl] Sd L, cl R to CP/WALL,  

REPEAT  

PART B (Mod)  

1 - 4 HOVER; START PROM WEAVE; BK LILT 4; WEAVE END;  
   1 [Hover] Repeat Meas 1, Part B;  
   2 [Start Prom Weave] Repeat Meas 2, Part B;  
   3 [Bk Lilt 4] Repeat Meas 3, Part B;  
   4 [Weave End] Repeat Meas 4, Part B;  

5 - 8 HOVER TELE; IN & OUT RUNS;; SLOW SD LK;  
   5 [Hover Tele] Repeat Meas 5, Part B;  
   6 - 7 [In & Out Runs] Repeat Meas 6 & 7, Part B;  
   8 [Slow Sd Lk] Thru R, - , sd & fwd L to CP, XRIB of L trng slightly LF (Thru L starting LF trn, -, sd & bk R  
     continuing LF trn to CP, XLIF of R;) to CP/DLC;  

PART D  

1 - 4 REV TRN ½; CK & WEAVE;; CHG OF DIR;  
   1 [Rev Trn 1/2] Fwd L starting LF body trn, - , sd R continuing trn, bk L LOD to CP (Bk R starting LF trn, -,  
     close L to R (heel trn) continuing trn, fwd R to CP;);  
   2 - 3 [Ck & Weave] Slip R bk under body w/slight contra ck action, - , fwd L comm LF trn, sd R [1/8 LF trn betwn steps 1 & 2 of the weave] w/rtd sd lead & slight rt sd stretch preparing to lead W outside ptr; w/rtd sd stretch fwd bk L in BJO cont 1/8 LF trn betwn steps 2 and 3 of the weave, bk R to a momentary CP cont to trn LF, sd and fwd L w/lft sd stretch [1/4 LF trn betwn steps 4 and 5 of the weave body trns less], w/lft sd stretch fwd R in BJO outside ptr (Slip L fwd under body w/slight contra check action, - , bk R comm LF trn, sd L [1/4 LF trn betwn steps 1 and 2 of the weave] w/lft sd lead and slight lift sd stretch preparing to step outside ptr; w/lft sd stretch fwd R in BJO outside ptr,  
     fwd L to a momentary CP cont to trn LF, sd & bk R w/rtd sd stretch [1/8 LF trn betwn steps 4 and 5 of the weave],  
     w/rtd sd stretch bk L in BJO [1/8 LF trn betwn steps 5 and 6 of the weave body trns less]);  
   4 [Chg of Direc] Fwd L DRLW, - , fwd R DRLW rt shldr leading trng LF starting to draw L to R, finish drawing L to R (Bk R DRLW, - , bk L DRLW lt shldr leading trng LF starting to draw R to L, finish drawing R to L;) fc DLC;  

5 - 8 OP TELE; NAT HOVER X; DBL REV SPIN;  
   5 [Op Tele] Repeat Meas 5, Part B;  
   6 - 7 [Nat Hover X] Fwd R DRLW comm RF trn, - , sd L with lift sd stretch [1/4 RF trn bet stps 1 & 2], cont RF trn sd R [1/2 RF trn bet stps 2 & 3 body trns less fng DLC]; with rt sd stretch fwd L outside ptr in CBMP on toe, rec R with slight lift sd lead, sd & fwd L, with lift sd stretch fwd R in BJO on toe (fwd L commence RF trn, - , fwd R cont RF trn, cont RF trn sd L [3/8 RF trn bet stps 2 & 3] to CP; with lift sd stretch bk R in CBMP on toe, rec L with slight rt sd lead, sd &bk R, with rt sd stretch bk L in BJO;);  
   8 [Dbl Rev] Fwd L comm to trn LF, - , sd R [3/8 LF trn betwn steps 1 & 2], spin 1/2 LF betwn steps 2 & 3 on ball of R bringing L under body beside R w/no weight flexed knees DRLW (Bk R comm to turn LF, - , L closes to R heel trn trng 1/2 LF betwn steps 1 and 2 and slightly bk R cont LF trn, XLIF of R);  

9 – 12 HOVER TELE; OP NAT; OUTSD SPIN; OUTSD CK;  
   9 [Hover Tele] Repeat Meas 5, Part B;  
   10 [Op Nat] From SCP Comm RF upper body trn fwd R heel to toe, - , sd L across LOD, cont slight RF upper body trn  
     bk R leading ptr to step outside the M to BJO DRC (With slight RF upper body trn fwd L, - , small fwd R, fwd L  
     outside ptr to BJO;);  
   11 [Outside Spin] In BJO preparing to lead W outside ptr comm RF body trn toeing in with rt sd lead bk L in BJO  
     small step 3/8 trn RF on step 1, - , fwd R in BJO heel to toe cont to trn RF, [3/8 RF trn betwn steps 2 & 3] sd & bk L  
     to end in CP [1/4 RF trn on 3] (Comm RF body trn w/lft sd lead staying well into the M's rt arm fwd R in BJO  
     outside ptr heel toe, - , L closes to R pivot on toes of both ft 5/8 trn betwn steps 1 and 2, cont to trn RF 1/4 betwn  
     steps 2 and 3 fwd R betwn M's feet to end in CP 1/8 RF trn on step 3);  
   12 [Outside Ck] Bk R trng LF, - , sd & fwd L, trng slightly RF ck fwd R outside ptr to BJO (Fwd L trng LF, - , sd & bk R,  
     ck bk L outside ptr to BJO;) DRC;
13–16 OP IMP; FEATH; 3 STP; FWD & RUN 2 CP/DLC;

13 [Op Imp] comm RF upper body trn bk L, - , cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M’s feet heel to toe pivoting 1/2 RF, - , sd & fwd L cont trn arnd M brush R to L, complete trn fwd R ;)


15 [Three Step] Starting with L, 3 fwd passing stps with heel lead on stps 1 and 2 rising to toe on stp 3 (Starting with R 3 bk passing stps) to CP DLW;

16 [Fwd, Run 2] Fwd R, - , fwd L, fwd R to CP/DLC;

END

1–4 DIAMOND TRN;;;;

1–4 [Diamond Trn] Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L ;) Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L ;) DLC;

5–7 REV TRN ½; BK & VERY SLOW SD TO HINGE & EXTEND;;;

5 [Rev Trn 1/2] Fwd L starting LF body trn, - , sd R continuing trn, bk L line of dance to CP (Bk R starting LF trn, - , close L to R (heel trn) continuing trn, fwd R to CP ;)

6 [Bk to Hinge] Bk R comm to turn LF, - , sd and slightly fwd L w 1/4 trn betwn steps 1 & 2 comm lft sd stretch, cont lft sd stretch leading W to cross her L beh R keeping lft in to ptr relaxing lft knee and trng rt knee to sway rt and look at W, - (Fwd L comm to turn LF, - , sd R 1/4 trn betwn steps 1 & 2 comm rt sd stretch & cont rt sd stretch swivel LF, XLIB of R keeping lft sd in to ptr relaxing lft knee [head to lft with shldrs almost parallel to ptr] w/no weight on R ;)

7 [Extend] Cont stretch extending lft arm (slide rt arm to M’s lft Shldr & extend left arm);
**Quick Cues**

**Fibre De Verre**  
(Phase V + 1 – Foxtrot/jive)  
(Cont Hover X)  
(Weiss)

**Intro**  
Op Fcng LOD Ld Ft Free Wait 2;; Circle Snap 4 to CP/DLW;;

**A**  
Diamond Trn;;;;
Hover Tele; Nat Weave;; Chg of Dir;
Op Tele; Cont Hover X;; Fwd Lk;
Rev Wave;; Op Imp; Stp Thru;;

**Brg**  
Slow Twist Vine 8;;;;

**B**  
Hover; Start Prom Weave SQQ; Bk Lilt 4; Finish Weave;
Hover Tele; In & Out Runs;; Thru, Fc, Cl;
Sd Tch, Rt Chasse; Chg R to L;; Chg Hnds Beh Bk;;
Chg L to R Fc COH;; Chg Hnds Beh Bk;; Qk Sd, Cl;

**Brg**  
Slow Twist Vine 8;;;;

**B**  
Hover; Start Prom Weave SQQ; Bk Lilt 4; Finish Weave;
Hover Tele; In & Out Runs;; Thru, Fc, Cl;
Sd Tch, Rt Chasse; Chg R to L;; Chg Hnds Beh Bk;;
Chg L to R Fc COH;; Chg Hnds Beh Bk;; Qk Sd, Cl;

**Brg**  
Slow Twist Vine 8;;;;

**C**  
Jive Sd Tch, Rt Chasse; Fallaway Throwaway to Hndshk;;
Chg L to R to Tandem LOD;; Catapult;;
Chg L to R w/Glide to Sd;; Rk, Rec;
Chasse L & R to ½ Op/LOD; Rk to the Mooch;;;;; Rk, Rec;
Sd, Cl 2X;

**Brg**  
Slow Twist Vine 8;;;;

**B1**  
Hover; Start Prom Weave SQQ; Bk Lilt 4; Finish Weave;
Hover Tele; In & Out Runs;; Slow Sd Lk;

**D**  
Rev Trn ½; Ck & Weave;; Chg of Dir;
Op Tele; Nat Hover X;; Dbl Rev;
Hover Tele; Op Nat; Outsdl Spin; Outsdl Ck;
Op Imp SCP; Feath; 3 Stp; Fwd & Run 2 DLC;

**End**  
Diamond Trn;;;;
Rev Trn ½; Bk & Very Slow Sd to Hinge & Extend;;