

Where Are The Heros

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CD: Songs I Wrote, Track #9, Artist: Rex Allen, Jr Available from Amazon
Rhythm: Waltz RAL Phase II + 2 [Hover, Interrupted Box]
Footwork: Opposite unless noted (Woman's Footwork in parentheses) Difficulty Level –Easy
Timing: Standard RAL Waltz unless noted. Time @ 45 RPM: 3:21 Adjust Speed For Comfort
Sequence: Intro-A-A-B-Int-A-B-Int-End Released: September 1 1, 2015

Meas

INTRODUCTION

1 - - 4 OP FCNG WALL WAIT 2; APT, PT; REC BFLY WALL & TCH;

- 1 – 2 OP Fcng Wall lead ft free wait 2 meas;
- 3 [Apt, Pt] Apt L, pt R twd Ptr, -;
- 4 [Tog, Tch] Rec R to fc Ptr, tch L to R in BFLY, -;

5 - - 8 TWIRL VINE 3; THRU, FC, CL; SD, DRAW, TCH L & R;;

- 5 [Twirl Vine 3] Sd L, XRIB, sd L (Sd R commence RF trn under joined ld hnds, fwd & sd L continue trn, sd R completing trn to fc ptr);
- 6 [Thru, Fc, Cl] Thru R commencing RF trn to fc ptr, sd L, cl R to L to CP;
- 1,,; 1,,; 7 – 8 [Sd, Draw, Tch, L & R] Sd L, draw R to L, tch R; Sd R, Draw L to R, Tch L;

PART A

1 - - 4 WALTZ AWAY & TOG;; SOLO TRN 6;;

- 1 – 2 [Waltz Away & Tog] With inside hnds joined fwd L trng away from ptr, sd & fwd R [to a slight Bk to Bk], cl L to R; sd & fwd R trng to fc ptr, sd & fwd L, cl R to L;
- 3 – 4 [Solo Trn] Fwd L commence LF trn away from ptr, continue trn sd R, cl L to complete 3/4 trn; Bk R commence LF trn, continue trn sd L, cl R to BFLY;

5 - - 8 LFT TRNG BOX;;;;

- 5 – 8 [Lft Trng Box] Fwd L commence LF trn ¼, complete trn sd R, cl L to R; Bk R commence LF trn ¼, complete trn sd L, cl R to L; Fwd L commence LF trn ¼, complete trn sd R, cl L to R; Bk R commence LF trn ¼, complete trn sd L, cl R to L;

9 - - 12 STP SWING; SPIN MANUV; 2 RT TRNS FC LOD;;

- 1,2,-; 9 [Stp, Swing] Stp sd L, lift & swing rt ft fwd across twd LOD with the leg straight, toe pointed down & about 3" above the floor.
- 10 [Spin Manuv] Fwd R commence RF upper body trn, continuing RF trn to fc ptr sd L, cl R (Commence LF spin in place L, R, L to end fcng LOD & ptr);
- 11 – 12 [2 Rt Trns Fc LOD] Bk L commence RF trn, continue trn sd R twd LOD trng RF, cl L fc DLC; fwd R continue RF trn, continue trn fwd L trng RF to Fc LOD, Cl R (Fwd R commence RF trn, continue trn sd L diagonally across LOD trng RF, cl R; bk L continue RF trn, continue trn sd R twd LOD trng RF, cl L);

13 – 17 2 LFT TRNS FC WALL;; BOX;; CANTER

- 13 – 14 [2 Lft Trns] Fwd L commence LF trn, continue trn sd R diagonally across LOD trng LF to fc DRC, cl L to R; bk R continue LF trn, continue trn sd L to fc Wall, cl R to L (Bk R commence LF trn, continue trn sd L twd LOD fc DLW, cl R to L; fwd L continue LF trn, continue trn sd R diagonally across LOD trng LF, cl L to R;) CP/Wall;
- 15 – 16 [Box] Fwd L, sd R, cl L to R; Bk R, sd L, cl R to L;
- 1,3; 17 [Canter] Sd L, draw R to L, cl R; [2nd time Blend to SCAR]

REPEAT A

PART B

1 - - 4 HOVER; PU SCAR; TWINKLE BJO; FWD, FC, CL;

- 1 [Hover] Fwd L to CP, fwd & sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, bk & sd L rising to ball of ft, rec R to tight SCP);
- 2 [PU SCAR] Fwd R, fwd L commence slight RF trn, cl R to fc DLW (Fwd L commence LF trn, sd R across LOD, cl L to end in SCAR DLW);
- 3 [Twinkle BJO] Fwd L commence LF trn, sd R continue trn to BJO, cl L to R;
- 4 [Fwd, Fc, Cl] Fwd R commencing slight RF trn, sd & fwd L to fc ptr & wall, cl R to L;

5 - - 8 BOX;; DIP & HOLD; REC SCAR;

- 5 - 6 [Box] Fwd L, sd R, cl L to R; Bk R, sd L, cl R to L;
 1,,; 7 [Dip] Bk L take full weight with the knee relaxed or slightly bent with slight body twist keeping R leg extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor. -, -;
 8 [Rec SCAR] Rec R, Cl L to R commence slight RF trn to SCAR, cl R (Rec L, cl R to L commence slight RF trn to SCAR, cl L);

9 - - 12 TWINKLE BJO; MANUV; 2 RT TRNS FC WALL;;

- 9 [Twinkle BJO] Fwd L commence LF trn, sd R continue trn to BJO, cl L to R;
 10 [Manuv] In BJO fwd right commence RF upper body trn, continue RF trn to fc ptr sd L, cl R to L CP/RL0D (In BJO bk L commence RF upper body trn, continue RF trn to fc ptr sd R, cl L to R CP/RL0D);
 11 - 12 [2 Rt Trns Fc Wall] Bk L commence RF trn, continue trn sd R twd LOD trng RF, cl L fc DLC; fwd R continue RF trn, continue trn sd L diagonally across LOD trng RF to Fc Wall, Cl R (Fwd R commence RF trn, continue trn sd L diagonally across LOD trng RF, cl R; bk L continue RF trn, continue trn sd R twd LOD trng RF, cl L);

13 - 16 TWISTY BAL L & R;; TWIST VINE 3; FWD, FC; CL;

- 13 - 14 [Twisty Bal L & R] Sd L, XRIB with slight rise, rec L (Sd R, XRIF with slight rise, rec R); Sd R, XLIB with slight rise, rec R (Sd L, XRIF with slight rise, rec L);
 15 [Twist Vine 3]] Sd L, XRIB, sd L (sd R, XLIF, sd R);
 16 [Fwd, Fc, Cl] Fwd R commencing RF trn to fc ptr, sd L, cl R to L to CP;

INTERLUDE**1 - - 4 INTERRUPTED BOX;;;;**

- 1 - 4 [Interrupted box] Fwd L, sd R, cl L (Bk R, sd L, cl R); Bk R, sd L, cl R (W fwd L comm RF trn ½ under ld hnds, fwd R cont trn, fwd L comp ½ RF trn to fc LOD); Fwd L, sd R, cl L (W cont RF trn ½ fwd R, fwd L cont trn, fwd R comp ½ RF trn to fc ptr & CP RL0D); Bk R, sd L, cl R ending CP LOD; [Note for Woman: meas 2 & 3 are a gradual RF full revolution ending in CP.]

REPEAT A**REPEAT B****REPEAT INT****END****1 - - 4 LACE UP;;;;**

- 1 [Lace Across] Passing beh W with lead hnds joined moving diagonally across LOD fwd L, fwd R, fwd L (Passing in front of M under joined lead hnds moving diagonally across LOD fwd R, fwd L, fwd R);
 2 [Fwd Waltz] Fwd R, fwd L, fwd R;
 3 [Lace Bk] Passing beh W with trail hnds joined moving diagonally across LOD fwd L, fwd R, fwd L (Passing in front of M under joined trail hnds moving diagonally across LOD fwd R, fwd L, fwd R);
 4 [Fwd Waltz] Fwd R, fwd L, fwd R trng to fc BFLY;

5 - - 8 TWIRL VINE 3; THRU, FC, CL; CANTER 2X;;

- 5 [Twirl Vine 3] Sd L, XRIB, sd L (Sd R commence RF trn under joined ld hnds, fwd & sd L continue trn, sd R completing trn to fc ptr);
 6 [Thru, Fc, Cl] Thru R commencing RF trn to fc ptr, fwd & sd L, cl R CP Wall;
 1,,;1,,; 7 - 8 [Canter 2X] Repeat Meas 17 Part A 2X;;
 9 **DIP, TWIST, ETC;**
 1,,; 9 [Dip, Twist, Etc] Bk L take full weight with the knee relaxed or slightly bent with slight body twist keeping R leg extended with the knee and ankle forming a straight line from the hip and the toe remaining on the floor, cont slight LF rotation and kiss; [Leg Crawl optional]

Quick Cues

Where Are The Heros

(Phase II + 2 – Waltz)

(Hover, Interrupted Box)

(Weiss)

Intro Op Fcng Wait 2;; Apt, Pt; Tog BFLY Tch;
Twirl Vine 3; Thru, Fc, Cl; Sd Dr Tch L & R;;

A Waltz Away & Tog;; Solo Trn 6;;
Lft Trng Box;;;;
Stp Swing; Spin Manuv; 2 Rt Trns Fc LOD;;
2 Lft Trns Fc Wall;; Box;; Canter;

A Waltz Away & Tog;; Solo Trn 6;;
Lft Trng Box;;;;
Stp Swing; Spin Manuv; 2 Rt Trns Fc LOD;;
2 Lft Trns Fc Wall;; Box;; Canter;

B Hover; PU SCAR; Twinkle BJO; Fwd, Sd, Cl;
Box;; Dip Bk & Hold; Rec SCAR;
Twinkle BJO; Manuv; 2 Rt Trns Fc Wall;;
Twist Bal L & R;; Twist Vine 3; Fwd, Sd, Cl;

Int Interrupted Box;;;;

A Waltz Away & Tog;; Solo Trn 6;;
Lft Trng Box;;;;
Stp Swing; Spin Manuv; 2 Rt Trns Fc LOD;;
2 Lft Trns Fc Wall;; Box;; Canter;

B Hover; PU SCAR; Twinkle BJO; Fwd, Sd, Cl;
Box;; Dip Bk & Hold; Rec SCAR;
Twinkle BJO; Manuv; 2 Rt Trns Fc Wall;;
Twist Bal L & R;; Twist Vine 3; Fwd, Sd, Cl;

Int Interrupted Box;;;;

End Lace Up;;;;
Twirl Vine 3; Thru, Fc, Cl; Canter 2X;;
Dip Bk, Twist Etc;