

One Monkey

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CD: Bathhouse Betty, One Monkey Don't Stop No Show, Track 7 **Artist:** Bette Midler
Availability: MP3 from iTunes & Others **CD from Amazon & Others**
Rhythm: Foxtrot/Jive RAL Phase IV + 2 **Stop & Go, Whip Turn** **Difficulty Level - Moderate**
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Foxtrot & Jive unless noted. **Time @ 45 RPM: 2:46**
Sequence: Intro-A-B-A-B-C-A-B-End **Released: November 1, 2010**

INTRODUCTION {Foxtrot}

1 - - 4 OP FCNG DLW WAIT 2;; HOVER; Slow Sd Lk;

1 - 2 [Op Fcng DLW Hip Bumps & Finger Snaps 4X] Trail Hnds on hips lead hnds at side lift & drop lft hip 4X while snapping fingers of lead hand;;

SQQ 3 - 4 [Hover] Blending to CP/DLW Fwd L to CP, -, fwd & sd R rising to ball of ft, rec L to tight SCP (Bk R to CP, -, bk & sd L trng to SCP & rising to ball of ft, rec R to tight SCP); [Slow Sd Lk] Thru R, -, sd & fwd L to CP, XRIB of L trng slightly LF (Thru L starting LF trn, -, sd & bk R continuing LF trn to CP, XLIF of R;) to CP/DLC;

PART A {Foxtrot}

1 - - 4 DIAMOND TRN;;;;

SQQ 1 - 4 [Diamond Trn] Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; -, fwd L trng LF, sd R, bk L); Fwd L trng LF on the diagonal, -, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, -, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, -, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, -, sd R, bk L);

5 - - 8 OP TELE; OP NAT; OP IMP; SLOW SD LK;

SQQ 5 - 6 [Op Tele] Fwd L to CP comm LF trn, -, sd R cont trn, sd & fwd L (W bk R comm Lf trn, -, cl L to R for heel trn, sd & fwd R) to SCP/DLW; [Op Nat] Comm RF upper body trn fwd R heel to toe, -, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M to BJO DRC (Comm slight RF upper body trn fwd L, -, fwd R, fwd L outside ptr to BJO);

SQQ 7 - 8 [Op Imp] comm RF upper body trn bk L, -, cl R to L [heel turn] cont 3/8 RF trn, complete trn fwd L in tight SCP/DLC (comm RF upper body trn fwd R betwn M's feet heel to toe pivoting 1/2 RF, -, sd & fwd L cont trn arnd M brush R to L, complete trn fwd R); [Slow Sd Lk] Repeat Meas 4, Intro;

9 - - 12 REV TRN;; THREE STP; FWD, FC, CL;

SQQ 9 - 10 [Reverse Trn] Fwd L starting LF body trn, -, sd R continuing trn, bk L line of dance to CP (Bk R starting LF trn, -, close L to R (heel trn) continuing trn, Fwd R to CP); bk R continuing LF trn, -, sd and slightly Fwd L DLW, Fwd R to BJO (Fwd L continuing LF trn, -, sd R to DLW, bk L to BJO DLW);

SQQ 11-12 [Three Step] Starting with L, 3 fwd passing stps with heel lead on stps 1 and 2 rising to toe on stp 3 (Starting with R, 3 bk passing stps) to CP DLW; [Fwd, Fc, Cl] Fwd R commence RF trn to fc Wall, -, sd L, cl R;

PART B {Jive}

1 - - 5 SD TCH, RT CHASSE; CHG R TO L;; LINK TO TRIPLE WHIP TRN;;;;

1,2,3a,4; 1 - 2 1/2 [Sd Tch, Rt Chasse] Sd L, tch R to L, sd R/cl L to R, Sd R; [Chg Plcs R to L] Rk bk L to SCP, rec R, sd L trng 1/4 LF/cl R to L, Sd L (Rk bk R to SCP, rec L, sd & fwd R trng 3/4 under joined ld hnds/cl L, Sd R); sd & fwd R/cl L, Sd R, (sd & bk L/cl R, Sd L,) LOP/LOD,

3,4; 3 - 5 1/2 [Link to Triple Whip Turn] Rk apt L, rec R to CP commence RF trn; fwd L/cl R, fwd & sd L to CP/DRC (Rk apt R, rec L; fwd R/cl L, commence RF trn fwd R to CP/DLW), XRIB of left toe trnd out continue trng RF, sd L continue RF trn; XRIB of left toe trnd out continue trng RF, sd L continue RF trn; chasse sd R/cl L, sd R complete 1 1/4 full RF trn (Fwd L on M's rt sd continue trng RF, fwd R between M's feet continue RF trn; Fwd L on M's rt sd continue trng RF, fwd R between M's feet continue RF trn, Fwd L on M's rt sd continue trng RF, fwd R between M's feet continue RF trn; chasse sd L/cl R, sd L complete 1 1/4 full RF trn), to SCP/LOD,

6 - - 8 JIVE WKS;; SWIVEL WK 4 TO PU DLC;

3,4; 6 - 7 [Jive Wks] Rk bk L, rec R; fwd L/cl R, fwd L, fwd R/cl L, fwd R; [Swivel Wk 4 to PU] With hip swivel action fwd L, fwd R, fwd L, small fwd R picking up W to CP/DLC (With hip swivel action fwd R, fwd L, fwd R, fwd L trng sharply LF to fc ptr in CP/DLC);

REPEAT A B

PART C {Jive}

1 - - 5 CHICKEN WKS 2S, 4 Q;; STOP & GO WITH TRIPLE STOP;;;

1,-,3,-; 1 - 2 [Chicken Wks] Bk L, -, bk R, - (w/swivel action fwd R, -, fwd L, -); Bk L, bk R, bk L, bk R (w/Swivel action fwd R, fwd L, fwd R, fwd L);

1,2,3,4; 3 - 5 [Stop & Go With Triple Stop] Rk bk L, rec R, fwd L/cl R, fwd L {M catches W with rt hnd on W's lft shldr blade at end of triple to stop her movement} (Rk bk R, rec L, fwd R commence ½ LF trn/cl L, bk R complete ½ LF trn under joined hnds to end at M's rt sd); Rk fwd R, rec L, rk bk R, rec L; Rk fwd R, rec L, small bk R/cl L, bk R (rk bk L, rec R, rk fwd L, rec R; Rk bk L, rec R, fwd L commence ½ RF trn/cl R, bk L complete ½ RF trn under joined hnds to end fng M);

6 - - 8 CHG L TO R W/CONT CHASSE;; RK, REC, WK, PU;

1,2,3a,4; 6 - 7 [Chg L to R w/Cont Chasse] Rk bk L, rec R, trng ¼ RF sip L/R to L, L (Rk bk R, rec L, fwd R trng ¾ LF under joined ld hnds/cl L cl R); Sd R/Cl L, Sd R/Cl L, Sd R/Cl L, Sd R;

1a,2a,3a,4; 8 [Rk, Rec, Wk, PU] Rk bk L, rec R, fwd L, small fwd R picking up W to CP/ DLC (Rk bk R, fwd L, fwd R, fwd L trng sharply LF to CP/DLC);

REPEAT A B

END

1 - - 5 SD TCH, RT CHASSE; CHG R TO L;, LINK TO TRIPLE WHIP TRN;;;

1 - 5 Repeat Meas 1 to 5 Part B;;;

6 - - 8 RK, REC, SWIVEL 4 TO FC;; LUNGE, SLOW TWIST & HOLD, QK LEG CRAWL;

1,2,3,4; 6 - 8 [Rk, Rec, Swivel 4] Rk bk L, rec R, with hip swivel action fwd L, fwd R; Fwd L, fwd R to fc ptr & wall in CP, [Lunge] Lunge sd L, -; [Slow Twist & Hold] Commence slow upper body LF rotation, -, -, -;

1,-,,-; 1 [Qk Leg Crawl] M hold position W quickly draw lft leg up along sd of M's R leg;

QUICK CUES**One Monkey****(Phase IV + 2 – Foxtrot/Jive)****(Stop & Go, Whip Turn)****(Weiss)**

**Intro OP Fcng DLW Trail Hnd on Hip, Ld Hnd at side Hip Rks & Finger Snaps 4X;;
Blend to CP & Hover; Slow Sd Lk;**

**A Diamond Trn;;;;
Op Tele; Op Nat; Op Imp; Slow Sd Lk;
Rev Trn;; 3 Stp; Fwd, Fc, Cl;**

**B Sd Tch, Rt Chasse; Chg R to L,, Link to Triple Whip Trn;;;
Jive Wks;; Swivel Wk 4 to PU DLC;**

**A Diamond Trn;;;;
Op Tele; Op Nat; Op Imp; Slow Sd Lk;
Rev Trn;; 3 Stp; Fwd, Fc, Cl;**

**B Sd Tch, Rt Chasse; Chg R to L,, Link to Triple Whip Trn;;;
Jive Wks;; Swivel Wk 4 to PU BFLY;**

**C Chicken Wks 2S, 4 Q;; Stop & Go w/Triple Stop;;;
Chg L to R w/Cont Chasse;; Rk, Rec, Wk, PU;**

**A Diamond Trn;;;;
Op Tele; Op Nat; Op Imp; Slow Sd Lk;
Rev Trn;; 3 Stp; Fwd, Fc, Cl;**

**B Sd Tch, Rt Chasse; Chg R to L,, Link to Triple Whip Trn;;;
Jive Wks;; Swivel Wk 4 to Face;**

**End Sd Tch, Rt Chasse; Chg R to L,, Link to Triple Whip Trn;;;
Rk, Rec, Swivel 4 to Fc,; Lunge, Slow Twist & Hold, Qk Leg Crawl;**