

Winter Lullaby V

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CD: A Gift Of Song, Track 8 Artist: Mason Williams Available from iTunes, Amazon & Others
Rhythm: Waltz RAL Phase V + 2 [Spin & Twist, Throwaway Oversway]
Footwork: Opposite unless noted (Woman's Footwork in parentheses)
Timing: Standard RAL Waltz unless noted. Time @ 45 RPM: 2:25 (Slow for Comfort) Difficulty Level - Easy
Sequence: Intro-A-Int-B-Int-C-End Released: May 15, 2012

Meas

INTRODUCTION

1 - - 4 OP FCNG DLW WAIT 2;; TOG &TCH CP; BOX FINISH;

1 - 2 OP fcng DLW trail hnds joined ld ft free for both wait 2;;

3 - 4 [Stp Tog to CP] Fwd L with RF rotation to CP/DRW, -, - (Fwd R with RF rotation, - -);

[Box Finish] Bk R commence LF trn, sd L, cl R to L (Fwd L commence LF trn, sd R, cl L to R;)to CP/DLC;

5 - - 8 DBL REV; HOVER; SLOW SD LK; CANTER;

5 - 6 [Dbl Rev] Fwd L comm to trn LF, sd R [3/8 LF trn betwn steps 1 & 2], spin 1/2 LF betwn steps 2 & 3 on ball of R bringing L under body beside R w/no weight flexed knees DLW (Bk R comm to turn LF, L closes to R heel trn trng 1/2 LF betwn steps 1 and 2/ sd and slightly bk R cont LF trn, XLIF of R;); [Hover] Fwd L, fwd & sd R w/rise, rec L to SCP/DLC;

7 - 8 [Slow Sd Lk] Thru R, sd & fwd L to CP, XRIB of L trng slightly LF (Thru L starting LF trn, sd & bk R continuing LF trn to CP, XLIF of R;) to CP/DLC; [Canter] Sd L, draw R to L, cl R;

PART A

1 - - 4 DIAMOND TRN;;;

1 - 4 [Diamond Trn] Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L;); Fwd L trng LF on the diagonal, continuing LF trn sd R, bk L with the ptr outside the man in BJO; staying in BJO & trng LF stp bk R, sd L, fwd R outside ptr in BJO (Bk R trng LF on the diagonal, continuing LF trn sd L, fwd R outside ptr; fwd L trng LF, sd R, bk L;); to Fc DLC;

5 - - 8 MINI-TELESPIN;; CONTRA CK & SWITCH; OP NAT;

5 - 6 [Mini-Telespin] Fwd L commence to trn LF, sd R trng 3/8 LF bet stps 1 & 2, bk & sd L no weight light pressure inside edge of toe keeping lft sd in to W/trn body LF no weight to lead W to CP commence spin LF (Bk R commence to trn LF, lft foot closes to rt [heel trn] trng 1/2 LF bet stps 1 & 2, fwd R keeping rt sd in to M/fwd L trng LF twd ptr head to the rt;); fwd L continue spin LF on lft drawing R to L under body, cl R flexing knees, hold (fwd R to CP head to the lft spinning LF drawing L to R under body, cl L flexing knees, hold;) to CP/COH;

7 - 8 [Contra Ck & Switch] Comm LF upper body trn flexing knees with strong rt sd lead check fwd L in CBMP, rec R comm strong RF trn leaving lft foot almost in place, cont strong RF trn rec L soft knees throughout with up to 5/8 RF trn (Comm LF upper body trn flexing knees with strong left sd lead bk R in CBMP looking well to the left, rec L comm RF trn leaving R foot almost in place, cont RF trn rec R betwn M's feet with soft knees throughout with 5/8 RF trn;); [Op Nat] Comm RF upper body trn fwd R heel to toe, sd L across LOD, cont slight RF upper body trn bk R leading ptr to step outside the M with rt sd leading to BJO DRC (Comm RF upper body trn bk L, -, sd R across LOD cont trn, fwd L outside ptr with lft sd leading to BJO;);

9 - 12 SPIN & TWIST;; BK & CHASSE SEMI; CROSS PIVOT SCAR;

9 - 10 [Spin & Twist] Bk L pivoting RF [w/lft sd stretch], fwd R continuing RF trn [w/lft sd stretch], sd L twd DLW [no sway] (Fwd R bet M's feet pvt, bk L trng RF, cl R to L fcng DLC;); XRIB of lft with only partial weight, unwind RF changing weight to R [no sway], continue trng RF [no sway] stp sd &bk L [no sway] (fwd L/R arnd M, fw L trng RF, fwd R bet M's feet;); fc DRW;

11 - 12 [Bk & Chasse] Bk R trng LF to fc ptr & Wall, sd L/cl R, sd L to SCP; [Cross Pivot] Fwd R in front of W beginning RF trn, sd L continuing RF trn, fwd R to SCAR (fwd L small stp commence RF trn, fwd R bet M's feet heel to toe pivoting 1/2 RF, sd & bk L to SCAR;)

13 –15 PROG X HOVER SCP; THRU, FC, CL; CANTER;

13 – 14 [**Cross Hover to SCP**] In SCAR fwd L with slight crossing action commencing to rise & beginning a slight RF upper body trn, sd & slightly fwd R continuing to rise & completing the 1/4 LF trn, diagonally fwd L to SCP lowering at end of stp (In SCAR bk R with slight crossing action commencing to rise in body & beginning a strong RF upper body trn, sd & slightly bk L continuing to rise & completing the 1/4 LF trn, diagonally fwd to SCP lowering at end of stp;); [**Thru, Fc, Cl**] Thru R, fwd L trng to fc wall, cl R to L to CP/WALL;

15 [**Canter**] Sd L, draw R to L, cl R;

INTERLUDE**1 - - 4 LFT TRNG BOX;;;;**

1 – 2 [**Lft Trng Box**] Fwd L trn ¼ LF, sd R, cl L to R; Bk R trng ¼ LF, sd L, cl R to L;

3 – 4 Fwd L trn ¼ LF, sd R, cl L to R; Bk R trng ¼ LF, sd L, cl R to L;

5 - - 8 HOVER TELE; OP NAT; OP IMP; SLOW SD LK;

5 – 6 [**Hover Tele**] Repeat Meas 7, Part A; [**Op Nat**] Repeat Meas 8, Part A;

7 – 8 [**Op Imp**] Repeat Meas 9, Part A; [**Slow Sd Lk**] Repeat Meas 7, Intro;

PART B**1 - - 4 DBL REV; HOVER TELE; NAT WEAVE;;**

1 – 2 [**Dbl Rev**] Repeat Meas 3, Intro; [**Hover Tele**] Repeat Meas 7, Part B;

3 – 4 [**Nat Weave**] Fwd R commence to trn RF, sd L w/lft sd stretch [a little under ¼ RF trn bet stps 1 & 2], w/rt sd lead bk R DLC preparing to lead W outsd ptr [slight RF trn bet stps 2 & 3] (Bk L commence to trn RF, rt ft closes to lft heel trn w/rt sd stretch trng 1/4 RF bet stps 1 & 2, w/lft sd lead fwd L preparing to stp in CBMP outsd ptr;); With rt sd stretch bk L in CBMP, bk R commence LF trn passing thru CP, w/lft sd stretch sd & fwd L [1/4 LF trn bet stps 5 & 6 body trns less] in CBMP (w/lft sd stretch fwd R in CBMP outsd ptr fwd L commence to trn LF passing thru CP, w/rt sd stretch sd R [1/4 trn bet stps 5 & 6] in CBMP;);

5 - - 8 NAT HOVER X;; REV WAVE;;

5 – 6 [**Nat Hover Cross**] Fwd R DLW commence RF trn, sd L with lft sd stretch [1/4 RF trn bet stps 1 & 2], cont RF trn sd R [1/2 RF trn bet stps 2 & 3 body trns less fcng DLC]; With rt sd stretch fwd L outsd ptr in SCAR on toes/rec R with slight lft sd lead, sd & fwd L, with lft sd stretch fwd R outsd ptr in BJO on toes (Bk L commence RF trn, R foot closes to L heel trn with a rt sd stretch trng RF 3/8 bet stps 1 & 2, cont RF trn sd L [3/8 RF trn bet stps 2 & 3] to CP; With left sd stretch bk R in SCAR on toe/rec L with slight rt sd lead, sd & bk R, with rt sd stretch bk L in BJO;);

7 – 8 [**Rev Wave**] Fwd L starting LF body trn 3/8, sd R line of progression, bk L diagonally (Bk R starting LF body trn 3/8, cl L to R [heel turn], fwd R diagonally;); Bk R, bk L, bk R curving LF (fwd L, fwd R, fwd L curving LF;) to CP/RLOD;

9 - 12 BK PASSING CHG; BK WALTZ; CL IMP; BOX FINISH;

9 – 10 [**Bk Passing Change**] Adjusting to BJO bk L, bk R, bk L; [**Bk Waltz**] Bk R, bk & slightly sd L, cl R to L;

11 – 12 [**Cl Imp**] Bk L trng RF, cont trn cl R to L, bk & sd L to CP DLW (W fwd R btwn M's ft, fwd L trng RF, brush R to L then fwd on R betwn M's feet); [**Box Finish**] Bk R commence LF trn, sd L, cl R to L (Fwd L commence LF trn, sd R, cl L to R;) to CP/DLC;

13 – 16 OP REV TRN; OP FINISH; HOVER TELE; THRU, FC, CL;

13 – 14 [**Op Rev Trn**] In CP fwd L trng LF 1/4, cont LF trn sd R, bk L to BJO/DLC (In CP bk R trng lft 1/4, cont LF trn sd L, fwd R to BJO/DRC;); [**Op Finish**] Bk R trng LF, sd & fwd L, fwd R outside ptr to BJO (Fwd L trng LF, sd & bk R, bk L to BJO;);

15 – 16 [**Hover Tele**] Fwd L, diag sd & fwd R rising slightly [hovering] w/body trng 1/8 RF, fwd L small step on toes to SCP (Bk R, diag sd & bk L w/hovering action and body trng 1/8 RF, fwd R small step on toes to SCP;); [**Thru, Fc, Cl**] Thru R commencing RF trn to fc ptr, sd L, cl R to L to CP;

REPEAT INTERLUDE

PART C**1 - - 4 OP TELE; NAT HOVER FALLAWAY; BK, BK/LK, BK; SLIP PIVOT;**

1 - 2 [Op Tele] Fwd L comm LF trn, sd R cont trn, sd & fwd L (W bk R comm Lf trn, cl L to R for heel trn, sd & fwd R) to SCP/DLW; [Nat Hov Fallaway] Fwd R with RF trn, fwd L trng RF w/ rise, rec bk R;

3 - 4 [Bk, Bk/Lk, Bk] In SCP twds DLC bk L, bk R/XLIF of R, Bk R; [Slip Pivot] Bk L, bk R commence LF trn [keeping lft leg extended], fwd & sd L (Bk R commence LF trn pivot on ball of foot [thighs locked lft leg extended], fwd L complete lft trn placing lft ft near man's rt ft, bk & sd R;) to BJO/DLW;

5 - - 8 OP NAT; OP IMP; THRU, FC, CL; CANTER (HOLD);

5 - 6 [Op Nat] Repeat meas 8, Part A; [Op Imp] Repeat Meas 9, Part A;

7 - 8 [Thru, Fc, Cl] Repeat Meas 16, Part B; [Canter (Hold)] Sd L, draw R to L, cl R & hold,.,

9 - -10 VINE 6;;

9 - 10 [Vine 6] Sd L, XRIB, sd L; XRIF, sd L, XRIB to CP Wall;

END**1 - - 4 LFT TRNG BOX;;;;**

1 - 4 [Lft Trng Box] Repeat Meas 1 - 4, Interlude;

5 - - 8 HOVER TELE; THRU, SD, BEH; SD TO THROWAWAY OVERSWAY;;

5 - 6 [Hover Tele] Repeat Meas 5, Interlude; [Thru, Sd, Beh] Thru R, sd L, XRIB;

7 - 8 [Throwaway Oversway] Sd & fwd L relaxing lft knee & allowing R to point sd & bk while keeping rt sd in twd W & looking at her [w/lft sd stretch], (Sd & fwd R trng LF while relaxing rt knee & sliding lft foot bk under body past the rt foot to point bk meanwhile looking well to the lft & keeping lft sd in twd M,), -, -; -, -. -;

QUICK CUES

Winter Lullaby V

(Phase V + 2 – Waltz)

(Spin & Twist, Throwaway Oversway)

(Weiss)

Intro OP Fcng DLW Ld Ft Free Wait 2;; Tog Tch CP; Box Finish;
Dbl Rev; Hover; Slo Sd Lk; Canter;

A Diamond Trn;;;;
Mini-Telespin;; Contra Ck & Switch; Op Nat;
Spin & Twist;; Bk & Chasse Semi; X Pivot SCAR;
Prog X Hover Semi; Thru, Fc, Cl; Canter;

Int Lft Trng Box;;;;
Hover Tele; Op Nat; Op Imp; Slo Sd Lk;

B Dbl Rev; Hover Tele; Nat Weave;;
Nat Hover X;; Rev Wave;;
Bk Passing Chg; Bk Waltz; Cl Imp; Box Finish;
Op Rev Trn; Op Finish; Hover Tele; Thru, Fc, Cl;

Int Lft Trng Box;;;;
Hover Tele; Op Nat; Op Imp; Slo Sd Lk;

C Op Tele; Nat Hover Fallaway; Bk, Bk/Lk, Bk; Slip Pivot;
Op Nat; Op Imp; Thru, Fc, Cl; Canter Hold,,
Vine 6;;

End Lft Trng Box;;;;
Hover Tele; Thru, Sd, Beh; Sd to Throwaway Oversway;;