

Quit Breaking Up With Me

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CD: Pain Killer, Track 1 Artist: Little Big Town

Availability: MP3 from iTunes, Amazon & Others CD from Amazon and others

Footwork: Opposite unless noted (Woman's Footwork in parentheses)

Rhythm: Cha Cha Level: RAL Phase III+2 [Triple Chas, Ronde Cha Box] Difficulty Level - Moderate

Timing: Standard unless noted. Time @ Recorded Speed: 3:24 Adjust for comfort.

Sequence: Intro—A—B—A—B---C—B(mod)--Brg—End Released: June 1, 2017

Meas

INTRO

1 - - 4 LOP FCNG WAIT LD NOTES & 1 MEAS; UNDERARM TRN; LARIAT;;

Ld Hnds Joined Tril Ft free fcng wall wait Ld in notes [about 8 counts]

1 Bfly Wall Trail Ft Free Wait 1;

2 [Underarm Trn] Raising joined lead hnds trn body slightly RF & XRIB, rec L squaring body to fc ptr, sip R/ L, R (XLIF under joined lead hands commence ½ RF trn, rec R complete RF trn to fc ptr, sd L/cl R, sd L to M's rt sd);

3 - 4 [Lariat] Rk sd L, rec R, in place L/R, L; Rk bk R, rec L, in place R/L, R (Circle M clockwise with joined ld hnds fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R, fwd L/cl R trng to fc ptr, sd L;) to Bfly;

PART A

1 - - 4 ½ BASIC; CRAB WKS;; SPOT TRN;

1 [1/2 Basic] Fwd L, rec bk R, bk & sd L/cl R to L, bk & sd L;

2 - 3 [Crab Wks] Maintaining BFLY pos XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;

4 [Spot Trn] Commence LF trn XRIF trng ½, rec L complete trn to fc ptr, sd R/cl L, sd R;

5 - - 8 NEW YORKER 4; FENCELINES 2X;; NEW YORKER 4;

1234; 1 [New Yorker 4] Swiveling on rt ft commence RF trn & stp thru L with straight leg trng to a sd by sd position, rec R to fc ptr, sd L, rec R to BFLY;

2 - 3 [Fenceline] In Butterfly cross lunge thru L with bent knee looking in the direction of lunge keeping upper bodies fcng, rec R trng to fc ptr, sd L/cl R, sd L; Cross lunge thru R with bent knee looking in the direction of lunge keeping upper bodies fcng, rec L trng to fc ptr, sd R/cl L, sd R;

1234; 4 [New Yorker 4] Swiveling on rt ft commence RF trn & stp thru L with straight leg trng to a sd by sd position, rec R to fc ptr, sd L, rec R to BFLY;

9 - - 12 SPOT TRN TO FWD TRIPLE CHAS;; SPOT TRN TO FWD TRIPLE CHAS;;

9 - 10 [Spot Trn to Fwd Triple Chas] Commence RF trn XLIF trng ½, rec R complete trn to fc ptr & LOD, fwd L/lk R, fwd L trng LF to slight bk to bk; Fwd R/lk L, fwd R trng slightly RF, fwd L/lk R, fwd L to OP/LOD;

11 - 12 [Spot Trn to Fwd Triple Chas] Commence RF trn XRIF trng ½, rec L complete trn to fc ptr & RLOD, fwd R/lk L, fwd R trng RF to slight bk to bk; Fwd L/lk R, fwd L trng slightly LF, fwd R/lk L, fwd R to OP/RLOD;

13 - 16 NEW YORKER TO FC; SHLDR TO SHLDR 2X;; FENCELINE;

13 [New Yorker] Stp thru L with straight leg trng to a sd by sd position, rec R to fc ptr, sd L/cl R, sd L to BFLY;

14 - 15 [Shldr to Shldr 2X] From Bfly Pos fwd R to Bfly BJO, rec L to fc, sd R/cl L, sd R (Bk L to Bfly BJO, rec R to fc, sd L/cl R, sd L); From Bfly Pos fwd L to Bfly SCAR, rec R to fc, sd L/cl R, sd L (Bk R to Bfly SCAR, rec L to fc, sd R/cl L, sd R);

16 [Fenceline] In Butterfly cross lunge thru R with bent knee looking in the direction of lunge keeping upper bodies fcng, rec L trng to fc ptr, sd R/cl L, sd R;

PART B

1 - - 4 ½ BASIC; WHIP COH; NEW YORKER; UNDERARM TRN;

1 [1/2 Basic] Fwd L, rec bk R, bk & sd L/cl R to L, bk & sd L;

2 [Whip] Bk R commence ¼ LF trn, continue trn ¼ rec fwd L, sd R/cl L, sd R (Fwd L outside M on his lft sd, fwd R commence LF trn ½, sd L/cl R, sd L;) to BFLY/COH;

3 [New Yorker] Swiveling on rt ft commence RF trn & stp thru L with straight leg trng to a sd by sd position, rec R to fc ptr, sd L/cl R, sd L to BFLY;

4 [Underarm Trn] Raising joined lead hnds trn body slightly RF & XRIB, rec L squaring body to fc ptr, sip R/ L, R (XLIF under joined lead hands commence ½ RF trn, rec R complete RF trn to fc ptr, sd L/cl R, sd L to M's rt sd);

5 - - 8 RONDE CHA CHA BOX 2X;;;;

5 - 6 [Ronde Cha Cha Box] Ronde L in front of R, sd R, bk L/lk R in front of L, bk L (W ronde R in bk of L, sd L, fwd R/lock L in bk of R, fwd R); Ronde R in bk of L, sd L, fwd R/lk L in bk of R, fwd R (W ronde L in front of R, sd R, bk L/lk R in front of L, bk L);

7 - 8 [Ronde Cha Cha Box] Repeat Meas 5 - 6, Part B;;

9 - 11 ½ BASIC; WHIP TO WALL; HIP RK 4;**

9 [1/2 Basic] Fwd L, rec bk R, bk & sd L/cl R to L, bk & sd L;

10 [Whip] Bk R commence ¼ LF trn, continue trn ¼ rec fwd L, sd R/cl L, sd R (Fwd L outside M on his lft sd, fwd R commence LF trn ½, sd L/cl R, sd L;) to fc WALL in BFLY;

1234; 11 [Hip Rk 4] Sd L w/rumba hip action, sd R w/rumba hip action, sd L w/rumba hip action, sd R w/rumba hip action;

REPEAT A**REPEAT B****PART C****1 - - 4 CIRLE CHA;; TWIRL 2 & CHA; CRAB WK ½;**

1 - 2 [Circle Cha] Comm LF circle moving away from Ptr fwd L, fwd R, fwd L/fwd R, fwd L; Cont LF circle starting bk twd Ptr fwd R, fwd L, fwd R/fwd L, fwd R to Bfly;

3 [Twirl 2 & Cha] Sd L, XRIB, sd L/cl R sd L (Sd & fwd R commence RF trn, sd & bk R complete RF trn to fc ptr, sd R/cl L, sd R to BFLY);

4 [Crab Wks Rt 1/2] Maintaining BFLY pos XRIF, sd L, XRIF/sd L, XRIF;

5 - - 8 TRAVELING DOORS 2x;; TWIRL 2 & CHA; RUMBA CRAB WK 3;

5 - 6 [Traveling Doors] Maintaining BFLY hold rk sd L, rec R, XLIF/sd R, XLIF; Rk sd R, rec L, XRIF/sd L, XRIF;

7 [Twirl 2 & Cha] Repeat Meas 3, Part C;

QQS; **8** [Rumba Crab Wk] XRIF, sd L, XRIF, -;

9 - 12 RUMBA CUCARACHA 2X;; VINE 6 & SD, CL;;

QQS **9 - 10** [Rumba Cucarachas] Sd & slightly bk L with partial weight, rec R, cl L, -; Sd & slightly bk R with partial weight, rec L, cl R, -;

1234;1234; **11 - 12** [Vine 6, Sc, CI] Sd L, XRIB, sd L, XRIF; sd L XRIB, sd L, cl R;

PART B (mod)**1 - - 4 ½ BASIC; WHIP COH; NEW YORKER; UNDERARM TRN;**

1 [1/2 Basic] Repeat Meas 1, Part B;

2 [Whip] Repeat Meas 2 Part B;

3 [New Yorker] Repeat Meas 3, Part B;

4 [Underarm Trn] Repeat Meas 4, Part A;

5 - - 8 RONDE CHA CHA BOX 2X;;;;

5 - 8 [Ronde Cha Cha Box 2X] Repeat Meas 5 - 8, Part B;;;;

9 - 10 ½ BASIC; WHIP TO WALL;

9 [1/2 Basic] Repeat Meas 9 Part B

10 [Whip] Repeat Meas 10, Part B

BRG**1 - - 4 ½ BASIC; UNDERARM TRN; LARIAT;;**

1 [1/2 Basic] Repeat Meas 1, Part B;

2 [Underarm Trn] Repeat Meas 2, Intro;

3 - 4 [Lariat] Repeat Meas 3 - 4, Intro;;

END BASIC;; NEW YORKER; THRU, LUNGE LOD, TWIST;

1 - 2 [Basic] Fwd L, rec bk R, bk & sd L/cl R to L, bk & sd L; Bk R, rec fwd L, sd & fwd R/cl L to R, sd & fwd R;

3 [New Yorker] Swiveling on rt ft commence RF trn & stp thru L with straight leg trng to a sd by sd position, rec R to fc ptr, sd L/cl R, sd L to BFLY;

QQQ **4** [Thru, Lunge, Twist] Thru R, lunge sd L, twist, -;

** Rumba hip action is created by leading with the inside of the ball of the left foot allowing the right hip to extend. The left knee should flex slightly sideways. The body is then rolled onto the left foot and the right heel releases from the floor completing the first beat of the measure. On step two the left hip extends as the right foot closes to the left foot.

Quick Cues (For Dancemaster)Quit Breaking Up With Me

(Phase 3 + 2 – Cha/Rumba)

(Triple Chas, Ronde Cha Box)

(Weiss)

Intro Lead In Notes in BFLY; ½ Basic; Underarm Trn; Lariat;;

- A ½ Basic; Crab Wks;; Spot Trn;
New Yorker 4; Fencelines 2X;; New Yorker 4;
Spot Trn to Fwd Triple Chas;; Spot Trn To Fwd Triple Chas RLOD;;
New Yorker to Fc; Shldr to Shldr 2X;; Fenceline;**
- B ½ Basic; Whip Fc COH; New Yorker; Underarm Trn;
Ronde Cha Cha Box;;;;
½ Basic; Whip Fc Wall; Rock 4;**
- A ½ Basic; Crab Wks;; Spot Trn;
New Yorker 4; Fencelines 2X;; New Yorker 4;
Spot Trn to Fwd Triple Chas;; Spot Trn To Fwd Triple Chas RLOD;;
New Yorker to Fc; Shldr to Shldr 2X;; Fenceline;**
- B ½ Basic; Whip Fc COH; New Yorker; Underarm Trn;
Ronde Cha Cha Box;;;;
½ Basic; Whip Fc Wall; Rock 4;**
- C Circle Cha;; Twirl 2 & Cha; Crab Wk ½;
Traveling Doors 2X;; Twirl 2 & Cha; Rumba Crab Wk 3;
Rumba Cucaracha 2X;; Vine 6 & Sd, Cl;;**
- B1 ½ Basic; Whip Fc COH; New Yorker; Underarm Trn;
Ronde Cha Cha Box;;;;
½ Basic; Whip Fc Wall;**
- Brg ½ Basic; Underarm Trn; Lariat;;**
- End Basic;; New Yorker; Thru, Lunge LOD, Twist;;**