

THE ARISTOCAT'S FOXTROT

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Website: www.dancingchadds.com

Music: "Everybody Wants To Be A Cat"

Artist: Dimie Cat

CD: The Ballroom Mix 9 or single DL CasaMusica.de

Link to Music: <https://www.casa-musica-shop.de/song.aspx?id=14003>

Release Date: Nov 2017

Rhythm: Foxtrot **Phase:** IV

Degree of Difficulty: Average

Original Length of Music: 2:39

Music Modification: none

Sequence: Intro AB A^{MOD} B End

Footwork: Opposite for Woman unless otherwise noted in ()

INTRO [4 Measures]

OP FCG LOD WITH LEAD FEET FREE

1-4 **WAIT; WAIT; SLOW B-BALL TRN WITH SNAPS CPW::**

1-2 {Wait 2 Measures} Wait; Wait;

3-4 {Slow B-Ball Trn w/ Snaps to CPW} From OP fcing LOD fwd L and ck trng 1/4 RF to fc ptr, snap fingers, rec on R contg RF trn to end fcg RLOD, snap fingers; Fwd L and ck trng 1/4 RF trng bk on ptr, snap fingers, rec on R contg RF trn to end fcg WALL in CP, -;

PART A [24 Measures]

1-4 **TWISTY VN 3; 1/2 NAT; OUTSD CHG SCP; THRU & SEMI CHASSE;**

1 {Twisty Vn 3} From CPW sd L, -, XRIB of L, sd L to BJO;

2 {1/2 Nat'I} Comm RF upper body trn fwd R heel to toe outsd ptr leadg ptr to CP, -, sd L across LOD, bk R to CP fcg RLOD; (Comm RF upper body trn bk L to CP, -, clo R [heel turn] cont trn, fwd L;)

3 {Outsd Chg SCP} Bk L, -, blendg to CP bk R trng LF, sd & fwd L to SCP DLW;

4 {Thru & Semi Chasse} Thru R, -, sd and fwd L/cl R, sd and fwd L endg SCP DLW;

5-8 **X PVT; FRONT TWISTY VN 4; FWD HVR SCP [RLOD]; WHIPLASH;**

5 {Cross Pvt SDCAR} From SCP fcing DLW fwd R in front of Lady beginng a RF trn, -, sd L contg the RF trn, fwd R to SDCAR fcg DLC; (From SCP fcg DLW fwd L comm a RF trn, -, fwd R between Man's ft heel to toe pvtg 3/8 RF, sd and bk L to SDCAR;)

6 {Front Twisty Vn 4} Movg twd LOD XLIF of R, sd R, XLIB of R, sd R to SDCAR DLC;

7 {Fwd Hvr SCP [RLOD]} From SDCAR DLC fwd L outsd ptr, -, sd and fwd R with a slight rise trng to fc COH and ptr, rec fwd on L trng to SCP fcg RLOD; (Bk R, -, sd and bk L with a slight rise trng to fc ptr, rec fwd on R trng to SCP fcg RLOD;

8 {Whiplash} Thru R twd RLOD, -, trng body RF pt L hold endg in BJO DRC, -; (Thru L, -, swivel on L to fc ptr and pt R hold endg in BJO, -;)

9-13 **OUTSD SWIVEL 2X; WEAVE ENDING DLW; HVR [DLC]; WEAVE BJO::**

9 {Outsd Swivel 2X} From BJO DRC bk L in CMBP, XRIF of L with no weight, fwd R in CMBP, pt L fwd; (In BJO fwd R, swvl RF on ball of R ft endg in SCP, thru L, swvl LF on ball of L ft endg in BJO;)

10 {Weave Ending DLW} Bk L twd LOD, bk R comm LF trn & lead lady to CP, sd & slightly fwd L DLW, fwd R outsd ptr to BJO DLW;

11 {Hvr [DLC]} Fwd L blendg to CP DLW, -, fwd and slightly sd R risg to ball of ft, sd and slightly fwd L to tight SCP fcg DLC;

12-13 {Weave to BJO} Thru R DLC, -, fwd L comm LF trn, cont trn sd and slightly bk R to fc DRC; Bk L LOD leadg ptr to step outsd to CBMP, -, bk R cont LF trn, sd and fwd L DLW to BJO preparg to step outsd ptr; (Fwd L DLC comm LF trn, -, cont trn sd and slightly bk R to fc DRW, cont trn sd and fwd L LOD; Fwd R LOD outsd ptr to CBMP, -, fwd L LOD cont trn, sd and slightly bk R DLW to BJO;)

- 14-16** **CL WING; DRAG HESITATION; BK & BK/LK BK;**
- 14 {**Cl Wing**} Fwd R, -, draw L to R with LF upper body trn, cont upper body trn to fc DLC tch L; (Bk L, -, sd R across Man, fwd L to SDCAR;)
- 15 {**Drag Hesitation**} Fwd L outsd ptr, -, comm LF trn sd R contg LF trn drw L twd R over the remainder of the measure endg in BJO fcg DRC, -;
- 16 {**Bk & Bk/Lk Bk**} Bkg twd DLW bk L, -, bk R/XLIB of R, bk R;
- 17-20** **HESITATION CHG; REV TRN 1/2; BK & CHASSE SCP; CHAIR & SLIP;**
- 17 {**Hesitation Chg DLC**} Comm RF upper body trn bk L outsd ptr blendg to CP, -, sd R cont RF trn to fc DLC, drw L to R;
- 18 {**Rev Trn 1/2**} Fwd L startg LF body trn, -, sd R cont to trn, bk L twd LOD; (Bk R startg LF trn, -, clo L to R [heel turn] cont to trn, fwd R;)
- 19 {**Bk & Chasse SCP**} Bk R comm a LF upper body trn, -, sd L cont trn to fc the WALL/cl R, sd and fwd L completg the trn to SCP fcg DLC;
- 20 {**Chair & Slip**} From SCP DLW ck thru R with lunge action as for Chair, -, rec L [no rise], with slight LF upper body trn slip R beh L cont trn to the L to CP DLC; (Ck thru L with lunge action as for Chair, -, rec R [no rise], swvl LF on R and step fwd L outsd ptr's R ft to CP;)
- 21-24** **DIAMOND TRN 1/2 [DRW]; QK DIAMOND 4 DLW; DIP BK & REC;**
- 21-22 {**Diamond Trn 1/2**} Fwd L trng LF on the diag, -, cont LF trn sd R, bk L with ptr outsd the Man in BJO to fc DRC; Trng LF bk R, -, sd L, fwd R outsd ptr in BJO to fc DRW;
- 23 {**Qk Diamond 4 DLW**} Fwd L on the diag comm a LF trn, cont the LF trn sd R, bk L, bk R to remain in CP and endg fcg DLW;
- 24 {**Dip Bk & Rec**} Bk L softening the knee, -, rec R, -;

PART B [8 Measures]

- 1-4** **CHG OF DIRECTION; REV TRN;; TRN L & CHASSE BJO;**
- 1 {**Chg of Direction**} Fwd L DLW, -, fwd R DLW with R shldr lead trng LF to fc DLC startg to draw L to R and cont drawg L to R over the remainder of the measure, -;
- 2-3 {**Rev Trn**} From CP DLC fwd L startg LF body trn, -, sd R cont trn, bk L LOD stayg in CP; Bk R cont LF trn, -, sd and slightly fwd L DLW, fwd R to BJO; (Bk R startg LF trn, -, cl L to R [heel turn] cont trn, fwd R stayg in CP; Fwd L cont LF trn, -, sd R DLW, bk L to BJO DLW;)
- 4 {**Trn L & Chasse BJO**} Fwd L comm LF upper body trn, -, sd R cont trn LF/cl L, sd R complete trn to BJO;
- 5-8** **BK FEATHER; HVR CORTE; BK WHISK; FEATHER DLW;**
- 5 {**Bk Feather**} From BJO fcg RLOD bk L, -, bk R with right shoulder leadg, bk L stayg in BJO;
- 6 {**Hvr Corte**} From CP fcg RLOD bk R startg a LF trn, -, sd and fwd L with hoverg action cont the body trn stayg in CP, rec R in BJO fcg DLW; (Fwd L trng LF, -, sd and fwd R with hoverg action stayg in CP, rec L outsd ptr to BJO;)
- 7 {**Bk Whisk**} Bk L twd DRC, -, bk and sd R, XLIB of R finishg in tight SCP fcg DLW;
- 8 {**Feather [DLW]**} Thru R, -, fwd L, fwd R outsd ptr in BJO fcg DLW; (Thru L trng LF twd ptr, -, sd & bk R, bk L in BJO;)

PART A^{MOD} [24 Measures]

- 1-4** **HVR TELEMAR; 1/2 NAT; OUTSD CHG SCP; THRU & SEMI CHASSE;**
- 1 {**Hvr Telemrk**} Fwd L blendg to CP, -, diag sd & fwd R risg slightly [hoverg] with body trng 1/8 RF, fwd L on toes to SCP DLW; (Bk R, -, diag sd & bk L with hoverg action & body trng 1/4 RF, fwd R on toes to SCP;)
- 2-4 Repeat Part A Measures 2-4
- 5-8** **X PVT; FRONT TWISTY VN 4; FWD HVR SCP [RLOD]; WHIPLASH;**
- Repeat Part A Measure 5-8
- 9-13** **OUTSD SWIVEL 2X; WEAVE ENDING DLW; HVR [DLC]; WEAVE BJO;;**
- Repeat Part A Measure 9-13
- 14-16** **CL WING; DRAG HESITATION; BK & BK/LK BK;**
- Repeat Part A Measure 14-16
- 17-20** **HESITATION CHG; REV TRN 1/2; BK & CHASSE SCP; CHAIR & SLIP;**
- Repeat Part A Measure 17-20
- 21-24** **DIAMOND TRN 1/2 [DRW]; QK DIAMOND 4 DLW; DIP BK & REC;**
- Repeat Part A Measure 21-24

REPEAT PART B [8 Measures]**END [6 Measures]**

- 1-5** **HVR [DLC]; FEATHER; DIAMOND TRN 1/2 [DRW];; QK DIAMOND 4 DLW;**
- 1** **{Hvr [DLC]}** Fwd L blendg to CP DLW, -, fwd and slightly sd R risg to ball of ft, sd and slightly fwd L to tight SCP fcg DLC;
- 2** **{Feather [DLC]}** Thru R, -, fwd L, fwd R outsd ptr in BJO fcg DLC; (Thru L trng LF twd ptr, -, sd & bk R, bk L in BJO;)
- 3-4** **{Diamond Trn 1/2 [DRW]}** Fwd L trng LF on the diag, -, cont LF trn sd R, bk L with ptr outsd the Man in BJO to fc DRC; Trng LF bk R, -, sd L, fwd R outsd ptr in BJO to fc DRW;
- 5** **{Qk Diamond 4 DLW}** Fwd L on the diag comm a LF trn, cont the LF trn sd R, bk L, bk R to remain in CP and endg fcg DLW;
- 6** **DIP BK ~ RECOVERING TO R LUNGE & HOLD;.**
- 6** **{Dip Bk ~ Recovering to R Lunge & Hold}** Bk L softening the knee, -, flex L knee rec sd and slightly fwd onto R keepg L sd in twd ptr and as weight is taken on R flex R knee and make slight LF body trn and look at ptr, -;. (Fwd R softening the knee, -, flex R knee rec sd and slightly bk on to L keepg R sd in twd ptr and as weight is taken on L flex L knee and make slight LF body trn, -;.

"The Aristocat's Foxtrot" Quick Cues**Sequence: Intro A B A^{MOD} B End**

OP fcg LOD / Lead Feet Free / Wait 2 Measures

- Intro:** Wait; Wait; Slow B-Ball Trn w/ Snaps to CPW;;
- A:** Twist Vn 3 (SQQ); 1/2 Nat; Outsd Chg SCP; Thru & Semi Chasse;
X Pvt; Front Twisty Vn 4; Fwd Hvr SCP [RLOD]; Whiplash [BJO];
Outsd Swivel 2X; Weave Ending DLW; Hvr [DLC]; Weave BJO;;
CI Wing; Drag Hesitation; Bk & Bk/Lk Bk;
Hesitation Chg; Rev Trn 1/2; Bk & Chasse SCP; Chair & Slip;
Diamond Trn 1/2 [DRW];; Qk Diamond 4 DLW; Dip Bk & Rec;
- B:** Chg of Direction; Rev Trn;; Trn Lt & Chasse BJO;
Bk Feather; Hvr Corte; Bk Whisk; Feather DLW;
- A^{MOD}:** Hvr Telemrk; 1/2 Nat; Outsd Chg SCP; Thru & Semi Chasse;
X Pvt; Front Twisty Vn 4; Fwd Hvr SCP [RLOD]; Whiplash [BJO];
Outsd Swivel 2X; Weave Ending DLW; Hvr [DLC]; Weave BJO;;
CI Wing; Drag Hesitation; Bk & Bk/Lk Bk;
Hesitation Chg; Rev Trn 1/2; Bk & Chasse SCP; Chair & Slip;
Diamond Trn 1/2 [DRW];; Qk Diamond 4 DLW; Dip Bk & Rec;
- B:** Chg of Direction; Rev Trn;; Trn Lt & Chasse BJO;
Bk Feather; Hvr Corte; Bk Whisk; Feather DLW;
- End:** Hvr [DLC]; Feather; Diamond Trn 1/2;; Qk Diamond 4 DLW;
Dip Bk ~ Recovering to Rt Lunge & Hold;.